

The Paper

Our Town, Our Paper!

Laurens, Iowa

A graphic for July 4th featuring a stylized American flag with stars and stripes, set against a background of fireworks. The text "July 4th" is written in a large, blue, stylized font at the bottom.

Vol. 7	No. 14
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	July 3, 2013

Local News

Summer Celebration

If you can't stand the heat, get out of the kitchen. You will have the opportunity during Celebrate Laurens, July 19, 20 and 21.

Start out with a hamburger meal served by Kids Korner on Friday night at the Fire Station. For dessert, go to Sportman's Park, listen to the Prairie Land Band and enjoy an ice cream sundae dished up by the Bethany Lutheran Church. Silver Dollar Saloon will serve a breakfast starting at 1:30 A.M.

Kiwanis is up bright and early Saturday morning flipping pancakes for early birds. After the parade, the Methodist Men have a hamburger, hot dog meal in the City Park. Pizza Ranch will be open for a buffet. The Laurens Care Center will be furnishing hot dogs and hamburgers at Sportman's when you participate in their Kickball Tournament. After the hamburgers are done, the Masons will be making Tacos in a Bag at the City Park. Other goodies being

served at the park Saturday afternoon include funnel cakes by the KC's, smoothies by the Masons, root beer floats by the First Christian Church and you can cool off at the City Hall and enjoy a piece of pie and ice cream from the Methodist Women. Saturday night the VFW will grill a pork chop meal in front of the Silver Dollar Saloon.



Silver Dollar Saloon will again serve a breakfast.

The Laurens Golf & Country Club will cap off the weekend with a brunch on Sunday morning from 9 to 1. Laurens Swim Team will have a turkey fillet meal.

The Busiest Little Town in Iowa will live up to its name the weekend of July 19, 20 and 21 when Celebrate Laurens comes to town.

From 4-7 on Friday come check out the car show at City Park while enjoying the music of U3. At 7, grab a lawn chair (and maybe some bug spray) and adjourn to Sportman's Park and enjoy the music of Doc

Sam's Prairie Land Band. As the last note fades away, it's time for fireworks, then it's back to 3rd St for the Farm Rock Band at the Silver Dollar Saloon.

Tie on your running shoes Saturday morning for the FIT alumni 5K run at 10 A.M. it's time for the parade (meet at the Fire Station) and maybe a little candy catching. Adults can enjoy the Wine Festival at City Park while kids play on the inflatables. Something new this year is a Kickball Tournament sponsored by the Laurens Care Center at Sportman's Park. Get together a team and enjoy the fun. The fire department will give demonstrations at the fire station during the afternoon and Russell Lachney will sing. The evening ends with a street dance and beer garden featuring "Standing Hampton".

The Ministerial Association is sponsoring a church service at the city park shelter house Sunday morning at 10 A.M. Bring a lawn chair. The celebration ends with a Laurens Swim Team Alumni and Friends Swim Meet at the pool and a poker run sponsored by the Silver Dollar Saloon.

Where's the Beef? May Term Class

We explored ag and food jobs relating to the cattle industry. Monday morning we went to Cookies' Food Products in Wall Lake, Iowa. We learned a lot about the barbecue sauce business. Speed Herrig gave us the factory tour. He is the owner and the cook behind Cookies' Food Products. They can produce a lot of product with minimal workers due to the technology and automated specialized equipment for food processing. We learned that Cookies' makes more food products than just barbecue sauce. The tomatoes for the sauces all come from the Napa Valley. Speed bought the business from investors that thought it was going to fail. All of the workers had long term employment records. Speed gave everyone a package of Cookie's flavor enhancer.

After Cookies we went to tour a new monoslope cattle building at the Greg Schroeder farm. We were surprised at how clean the cattle were.

We completed the day by comparing beef cuts and prices at Hy-Vee and Fareway in Storm Lake.

Tuesday we visited with three employees of Ag Partners about employment in their coop. One person was in accounting, another in marketing and the third person's job was in management. They explained the many and widely varied jobs at

the coop. An interesting point was that their coop encourages local volunteerism and they have worked in many community projects.

After that we went to the farm of Dale Wenell. He explained the process of treating new cattle when they come in and used Ben Kenobbie as the steer and ran him through the chute. Next he showed us the different feed rations for his cattle.

Wednesday we visited the Valero plant in Albert City. It doesn't take lots of people to run the plant but takes a wide variety of jobs to keep making ethanol. An interesting fact about the process is how much water they use in their reverse osmosis water system and how clean the equipment must be. Valero was ninth on the Fortune 500 list for 2012. They had moved up from number twelve last year. The company processed 43 million bushels of grain in the past year.

The rest of Wednesday morning was spent looking at two different cattle farms. We looked at Ron Egertsen's Dexters and Jeff Grossnickle's monoslope feeder operation. The Dexter breed is the only original small breed of cattle.

Thursday we cooked burgers and steaks with

beef certificates provided by the Pocahontas County Cattlemen. May is beef month and we learned about the production, cuts, and nutrition of it.



Rousing Cheers and Shaking Down the Thunder...

By Rick Davis

Farmers around Laurens likely were muttering to themselves that last weekend of June. In need of a dry spell so spring planting could be wrapped up, instead they got rained on again as the recent wet weather trend continued. Several holes at Laurens Country Club even were flooded out. Yet it didn't dampen spirits inside the facility's clubhouse, where 23 members of the Laurens High graduating class of 1963 mustered to celebrate a milestone -- their 50-year reunion.

It indeed was an occasion for sending a rousing cheer on high. And definitely shaking down some thunder from the skies.

It was an evening largely about waxing nostalgic and strolling (gracefully) down memory lane.

The presence of former Laurens school faculty members Floyd Winter (and wife Sherry), Doris Fondroy and Francis and Marilyn Peterson boosted our attempts to relive moments from back in the good ol' days (before consolidation with Marathon) when the school colors were red and black and our athletic teams were called the Elks. A bonus was a guest cameo appearance by Aletha Workman, who was the superintendent's secretary at the school for 32 years.

"The only red and black I saw anywhere," '63 class president Dick Mosbach said as a Saturday afternoon tour of the old school was winding down, "was on Davis' Laurens Elks T-shirt. No other red and black. But lots of blue and gold -- everywhere."

Blue and gold. A dose of reality and sign of the times ... the way it is in

Chargers-land these days as the old hometown shrinks in population very slightly some years, yet prospers in many ways. Relentlessly fighting the good fight and soldiering on in "The Busiest Little Town in Iowa."

Anybody coming in out of the rain to check out the reunion banquet Saturday night may have glanced around the room and wondered: "How come the ladies look so terrific; and the guys so mediocre?" Hmm. Might have had something to do with the logic in an Indiana Jones (Harrison Ford) comment to a lady in the movie "Raiders of the Lost Ark": "It's ain't the model year, honey. It's the mileage on the odometer."

For sure, one thing about male classmates at a high school reunion (some anyway). They offer further evidence in support of an ancient notion: "Sooner or later, we all have to grow up. But some of us can stay immature forever."

The banquet's awards segment spotlighted classmates for honors that included -- longest distance traveled to attend (Laronna Ludwig Sawin, 1,207 miles), most grandchildren (Luverne

Runneberg, 23, in a blended family), most eligible bachelor (Bob Pearson, never married) and married-the-longest (Kathy Hanish to LHS '61 Jerry Ball since July 1964. She edged out Judy Alstott Brent and Linda Masterson Blanchard, who also married their high school sweethearts in '64).

Another potential highlight -- a raffle offering a grand prize of a five-nights/two-days trip to the Marathon Park (all expenses paid, except the winner had to supply his/her own sleeping bags, wieners, marshmallows and mosquito repellent) -- fizzled and was cancelled because no tickets were sold. (Just kidding)

On an evening when a boatload of memorable stories were resurrected and retold, a few somehow were entertainingly embellished, perhaps beyond recognition in some cases. The stuff of semi-fiction. Nothing wrong with that though -- if everybody comes away smiling.

(A 1963 graduate of Laurens High now living in Cibolo, Texas, Rick Davis is an occasional contributor to The Paper. rickdavis31945@gmail.com)



The Laurens High class of 1963 held its 50th year reunion June 21-22 in Laurens. Saturday night banquet attendees are pictured: Front: Karen Stacy Peterson. First row: Delores Lindvall, Marcia Nelson Stehcon, Carol Garner Valentine, Linda Masterson Blanchard, Laronna Ludwig Sawin, Myrna Bailey Heimback. Second row: Diane Runneberg Bauer, Kathy Hanish Ball, Donna Stoner Comstock, Jeanne Egertsen Fries, Judy Alstott Brent, Rick Davis, Paulette Mefferd Reveiz, Ed Workman. Third row: Wayne Anderson, Luverne Runneberg, Louis Ball, Kenyon Trimble, Bob Pearson, Dick Mosbach, Bill Kemp, Don Ziegler.

Extra Showing of Epic for the Kids at the Rialto!

On Wednesday, July 10 we will be showing Epic at the Rialto in downtown Pocahontas, at 2:00 pm. Rated PG. Kids 12 and under \$2, over 12 years of age, \$4 each.



Farm Service Agency (FSA) 2013 Acreage Reporting Deadline

After planting concludes, local producers should certify their 2013 acreage. Filing an accurate report for all crops and land uses, including failed acreage and prevented planting acreage, can prevent loss of benefits for a variety of programs. Acreage certification is a requirement to receive a DCP payment, ACRE payment, CRP payment, and other FSA payments.

Acreage reports are required for many Farm Service Agency programs. For crops other than NAP (Noninsured Crop Disaster Assistance Program) crops, acreage reports are to be certified by July 15, 2013.

Your local Pocahontas FSA will NOT be scheduling appointments for acreage certification. Planting delays and the upcoming July 15, 2013 deadline being the biggest reasons. The Pocahontas FSA staff strongly encourages you to visit the office to certify your acreage. You may begin certification even before you have finished planting. Acreage certification completed now will help prevent lines and delays in July.

FSA office hours are 8:00 AM thru 4:30 PM Monday thru Friday. You may contact the office by calling 712 335-3596.

Our Town Our Paper!

Hats, Hats, Hats and This and That!

Ladies, get ready for an old fashioned tea (coffee)! Yes, Ladies, dig out your mom's old hat that she used to wear or the one you used to wear years ago, a dress, even nylons, pantyhose or fishnets, heels and gloves. Let's reminisce about days gone by when we used to wear dresses and hats to church all the time. On Wednesday, July 10th at 1:30pm we will meet at the Albert City Museum to learn about old hats on display and their history with Marilyn Bolte. Then we will go to the Albert City Public Library for cake and refreshments and share the stories about our hats! Mark your calendars and plan to join us for this unique event. Hats, Hats, Hats...fun, fun, fun!!!

Memory Lane & Old School Bell

Folks of Laurens, Yesterday we walked Memory Lane. Many of the names brought back lots and lots of memories of our school days in Laurens. It is outstanding and a marvelous addition to the town. We wonder what happened to the old school bell that sat on the east side of the lawn? Many thanks to all of you that we got to meet and talk with.

*Retha Muller Adkins- Nebraska
Karen Muller Orndorf-Pennsylvania*

Bible School Held!

The Laurens community churches hosted an ecumenical Bible School the week of June 3rd. Sixty two children and 25 teachers, helpers and leaders joined together to learn about Jesus. Thank you to all who helped make this another successful year! Over \$250 in offering was raised and given to the Laurens Ministerial Association to help those in need.



Do you love swimming?

Have you ever swam in the OLD Laurens Swimming Pool?
Would you like to see a new pool in Laurens? Would you like to dive
back in the pool for a good cause?! Then join us for our:

Laurens Swim Team Alumni and Friends Meet

Sunday, July 21, 2013

11:00 a.m.

Laurens Municipal Swimming Pool

Regardless of if you were a member of the Laurens Swim Team or not,
you can be a part of this meet to raise money for the new pool!

The meet is open for anyone ages 18 and up, no matter your skill
level! You pay the registration, get a t-shirt, and get to swim as many
races as you would like.

****Meet Fees: \$25.00 Before July 1, 2013**

\$30.00 After July 1, 2013

\$35.00 Day of Registration, but must be in before 9:30am.

All proceeds of the meet will go directly toward the **new** Laurens Pool.

Contact Kayla Graff at 712-450-2412 for additional information.

Find [Laurens, IA Swim Team Alumni](#) on Facebook for an order of
events and registration information.

Registration Form:

<https://docs.google.com/document/d/1Pw8LTaeWW8t0g8YjR5nbEHo3xrqHVBZ6JQ7CablNFdw/edit?usp=sharing>

Event Sign Up:

https://docs.google.com/document/d/1yVsiUIEevko_dEp1D-Cyzw3qJ2ATkxbBA86kpG038ZU/edit?usp=sharing

LAURENS CARE CENTER KICK BALL TOURNAMENT

The residents and staff of LCC are considering holding a kick ball tournament for the upcoming Laurens celebration on July 20th @ 11:30. There would be a \$25 entrance fee for each team of 8 players. A prize will be given to the winning team. Please contact Tanya or Amanda at the email or phone # below to register your team ASAP. We must have at least 8 teams in order to have the tournament.

tlouwagie@laurenscc.com

abiddle@laurenscc.com

phone: 712-845-4915 (Mon-Fri 9-4)

THANK YOU FOR SUPPORTING LAURENS CARE CENTER!!!



Carson Dunlop Home Inspection Training Program Now Offered by Iowa Central Community College

Carson Dunlop and Iowa Central Community College have formed a strategic partnership to offer a career home inspection training program. The comprehensive 10-course certificate program is available through distance learning. Content is delivered in a highly visual and easy to understand format. The program is focused on practical applied technical knowledge, providing a solid foundation for success in the home inspection field.

The comprehensive education program covering all aspects of the home inspection profession was created by two leaders in the field - Carson Dunlop and the American Society of Home Inspectors. The 10 courses were developed in collaboration with education design consultants and distance education specialists.

"We are thrilled to be working in partnership with Iowa Central Community College," commented Alan Carson, President of Carson Dunlop. "The ability to offer our program through reputable Colleges creates new opportunities for individuals looking to pursue a career in the home inspection field."

"The partnership enhances Iowa Central Community College ability

to offer quality, relevant continuing education to our students. The new courses will broaden the variety of topics currently available at the college. Strong community partnerships, customized employer training, and other workforce development initiatives continue to be top priorities for the College through collaboration with business and community organizations," said Sue Heistand - Business/Industrial Technology Department Non-Credit Coordinator.

The education program leverages Carson Dunlop's 34 years as a leading consulting engineering firm in the home inspection field. Carson Dunlop have considerable experience on the education side of home inspection, including classroom teaching, published textbooks, online courses, conference presentations, webinars, papers and articles. The program uses a consistent methodology across the 10 textbooks and CD-ROMs. The focus is on practical applied knowledge rather than theoretical discussion. As part of the education program, Carson Dunlop provides students with free access to their cloud-based report writing system, Horizon, to help them develop the necessary report writing skills.

For more information about the Home Inspection training program now offered by Iowa Central Community College, please visit http://www.iowacentral.edu/academic_programs.asp?tab=Non-Credit
About Iowa Central Community College

Iowa Central Community College promotes intellectual discovery, physical development, social and ethical awareness, and economic opportunities for all through an education that transforms lives, strengthens community, and inspires progress.

Iowa Central Community College is the learning College of choice, meeting

the needs of all we serve in a changing regional and global environment. Iowa Central Community College will continue to provide programs that foster economic vitality to all members of our region.

It is the philosophy of Iowa Central Community College, as a comprehensive community college, to aid in developing our citizens' capabilities to the maximum. Iowa Central provides a flexible program to satisfy the needs of the individual and the needs of the community. An educational environment is planned to provide experiences for those who desire pre-professional courses, improvement of educational or technical skills, or developmental programs for self-enrichment.

About Carson Dunlop. Carson, Dunlop & Associates Ltd. has been a leading Consulting Engineering Firm devoted to building inspection since 1978. They are one of the largest independent home inspection companies in North America that leverages their extensive technical knowledge across six integrated business lines - Home Inspection, Commercial Inspection, Report Writing, Energy Audits, Home Inspector Training and Continuing Education.

About Carson Dunlop Home Inspection Training. Carson Dunlop launched the Home Inspection Training division in 1990 to provide high quality education to new professionals entering the home inspection industry. The Home Inspection program was developed with education design consultants, and distance education specialists from Memorial University to create a uniquely comprehensive home inspection program. The courses can be taken in a self-study format from Carson Dunlop and are also offered in classroom and distance education formats by more than 50 colleges and universities.

Motorcycle Rider Education Class

Two July Motorcycle Rider Education classes are being offered at Iowa Central Community College, Transportation Technology Center, Fort Dodge. The classes will consist of two components – 5 hours of classroom and 10 hours of range time.

The classroom portion for both classes will be Fri., July 26 from 5 p.m. - 10 p.m., with a choice of two different ranges being offered. Range 1 is Sat. & Sun., July 27-28 from 7 a.m. – Noon both days. Range 2 is Sat. & Sun., July 27-28 from 1 p.m. – 6 p.m. both days.

The Motorcycle Rider Education course is required by Iowa law to obtain a motorcycle endorsement on your driver's license for all residents under age 18. Students must be at least 14 years old and hold a DOT driver's permit or license.

Preregistration and prepayment are required. Class sizes are limited. For more information, contact Iowa Central Community College at 800-362-2793, Ext. 1970 or 515-574-1970.

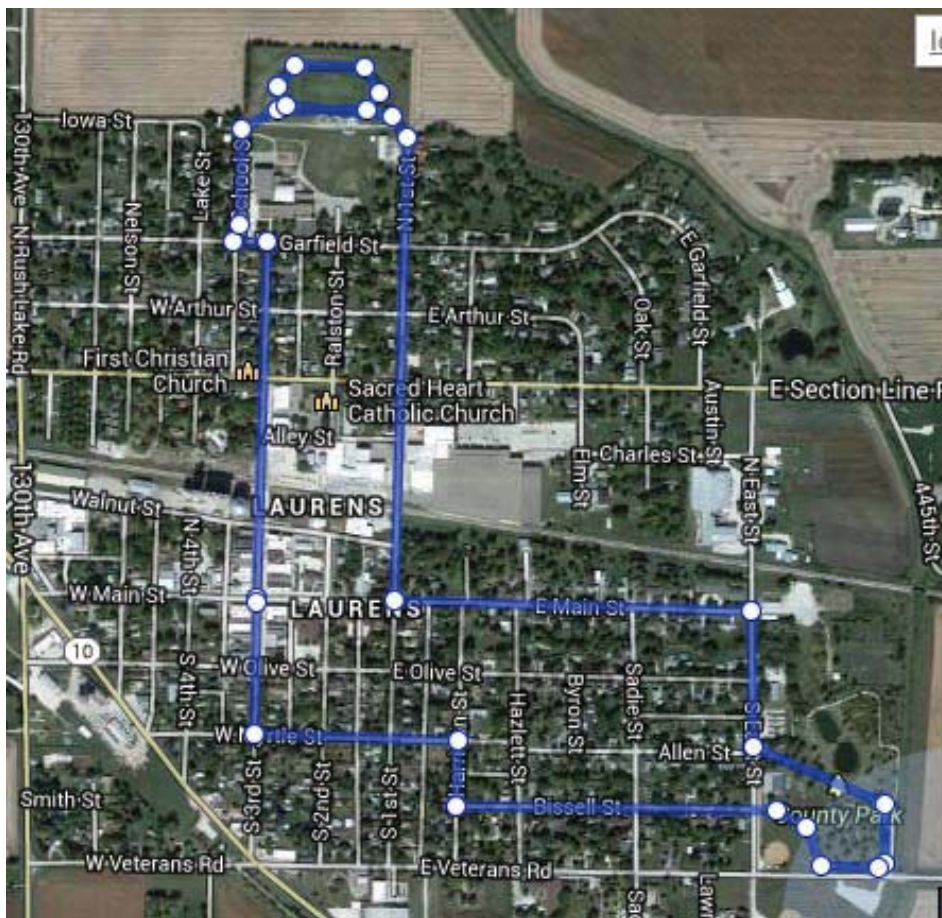
4th Annual Laurens Alumni Run

FIT Exercise Studio will be sponsoring the 4th Annual Laurens Alumni Run as part of the Laurens Summer Celebration to be held July 19 and 20, 2013. The race will be held Saturday, July 20th, at 8:00 am. All are invited to participate in this 5k run/walk held on the streets of Laurens.

The first three races were very successful and included many alumni and friends of LM, LM-ACT and Northwest athletic programs. Keep in mind you do not have to be an alumni to participate in this event. The idea is to get people together to participate in a healthy, fun activity. Maybe some will have the chance to reconnect and compete with old (I use that term loosely!) team mates, friends and family. Start training, if you haven't already, and we look forward to seeing you on July 20.

Registration information can be found at <http://www.fitexercisestudio.com>. Any questions can be directed to John Jamison at (712) 358-1038 or email johnjamison@lm.k12.ia.us.

[Click Here for the Registration Form!](#)



Iowa Central Hall of Fame Nominations Needed

Iowa Central Community College, in conjunction with its annual Alumni & Friends weekend, will honor its second class of inductees to the Triton Hall of Fame on September 28th, 2013.

The College is looking for nominees from Iowa Central Community College, Eagle Grove Junior College, Webster City Junior College, or Fort Dodge Junior College in three award categories:

Triton Humanitarian Award. This award honors a person who has provided leadership or meritorious service to Iowa Central and exemplifies the College's strong commitment to excellent.

Triton Athletic Award. This award is to honor significant contributions of former Triton athletes, coaches, administrators, and supporters to the success of Iowa Central.

Distinguished Alumni Award. The Distinguished Alumni Award is the highest honor given to alumni by Iowa Central. This award honors Iowa Central alumni who are recognized for preeminent contributions to their professions and/or community.

Nomination forms and more information can be found online at www.iowacentral.edu/foundation/hof.asp, or picked up at the office of the Vice President of Development and Alumni Relations.

The Hall of Fame banquet and induction ceremony is held at Hodges Fieldhouse on September 28th with a social hour, silent auction, and dinner – tickets are \$20 per person or \$35 per couple. Tickets can be ordered by calling 515-574-1137.

At the Library with Glenda Mulder July 3, 2013

Remember – the Library will be closed tomorrow to celebrate the 4th of July. Hope you all have a firecracker of a fun day! We'll be open normal hours Friday & Saturday. In case you missed it, extra Cemetery Tour booklets are available at the library. What a fun project the Women's Club sponsors; it seems to bring the entire community together!

Monday, July 8 at 7 p.m. Emmetsburg author Darlene Naig will be at our Library for an author talk about her book, "*I Want It Known*." She says, "This is my story about how it took ten years of changing my lifestyle to overcome chemical and food allergies." Come to the Library to hear the interesting story of how she got her life back thanks to the guidance of a Clinical Ecologist. She will have copies of her book for sale that night and has also donated one to our Library.

We have a special program for Summer Reading next Tuesday at 1:30! "Pockets Full of Fun" puppets promise ventriloquism, puppetry, stories, magic and lots of FUN!! The title of their Summer Reading Show is - DIG INTO: Diamonds, Dirt and Discovery! The kids will be learning a dance called the SQUIRMY WORMY (taught by Cornelius the worm) and a song as well as learning about geodes, diamonds, worms and spadefoot toads. So much DISCOVERY to DIG INTO! This program is sponsored by the Hertz family in memory of Bill. Join the fun as we "Dig into Reading" every Tuesday at 1:30 through the end of July. We are bringing back LEGOMANIA! It will be all day on Thursdays July 11-August 15. This is fun for all ages – come by yourself or grab a friend to join the fun! Sign up each week for the prizes that will be awarded August 15th.

We received our very first Christmas book of the year! *Merry Christmas Cowboy* by Janet Dailey. Other new fiction includes: *The Heist* by Janet Evanovich (CD Book too!), *Island Girls* by Nancy Thayer, *Crime of Privilege* by Walter Walker, *Beautiful Day* by Elin Hildebrand, *Tell Me* by Lisa Jackson, *The Protector* by Diana Palmer, *2nd Honeymoon* by James Patterson (CD Book too!), *Sisterland* by Curtis Sittenfeld, *Always Watching* by Chevy Stevens (CD Book too!), *Bombshell* by Catherine Coulter, *True Love* by Jude Deveraux, *Let it Burn* by Steve Hamilton, *Last Whisper in the Dark* by Tom Piccirilli, *Time Flies* by Claire Cook, *Joyland* by Stephen King, *The Son* by Phillip Meyer, *Little Green* by Walter Mosley, *The Lemon Orchard* by Luanne Rice and *Unseen* by Karin Slaughter. New nonfiction includes *Astronauts' Wives Club* by Lily Koppel and *Outlaw: Waylon, Willie, Kris, and the Renegades of Nashville* by Michael Streissguth.

We've scheduled another Coupon Swap for Wednesday, July 17th 5-7 pm. Bring any coupons you won't be using to the Library for this, then come and share your couponing tips and learn the secrets of other couponers!

Notice of City Council Vacancy

This notice is to inform the citizens of Laurens that there is a vacancy on the Laurens City Council. It is the intention of the Mayor and the Council to fill this vacancy by appointment on July 15, 2013 at 5:05 pm in the Council Chambers at Laurens City Hall, 272 N 3rd St, Laurens, IA. This appointment will expire upon the final ballot count after the November election. The public has a right to petition for a special election.

1978 Class Reunion

L-M Class of 1978 Reunion
Where: The Inn @ Okoboji
When: Aug 2 & 3
Come for the weekend, or any part you're available.
Dinner on Sat. night.
Really want to see as many of you as possible!
Contact: Deanne Dudley Nelson for all details.
Email: deannesellshomes@gmail.com or on Facebook.

Bridal Shower

A come and go community bridal shower honoring Hilary Goedert, bride-elect of Mason Reed, will be held on Saturday, July 13 from 10-11:30 a.m. at the First Christian Church in Laurens.

The couple is registered at Kohl's, Target, Heart 'n Home and The Sugar Bowl.

Local & School Calendar

July 4 - Happy 4th of July.

July 5 - Softball with SE Webster Grand at Laurens at 4:30 p.m., JV & V; Baseball with SE Webster Grand at Laurens at 4:30 p.m., JV & V; Girls Regional Softball.

July 6 - Boys District Baseball begins.

July 8 - Laurens-Marathon School Board of Education will meet at 7:00 p.m.; Girls Regional Softball; Author Darlene Naig, who wrote *I Want it Known*, will speak at the Laurens Public Library at 7:00 p.m.

July 9 - Boys District Baseball; Laurens Public Library's Summer Reading Program, *Dig Into Reading*, will be held at 1:30 p.m. at the library.

July 10 - Girls Regional Softball.

July 11 - Boys District Baseball. **11**



We're lowering the drawbridge and opening the gates to the castle! Grab your armor and prepare for fun at THE KINGDOM CHRONICLES where you'll learn to stand strong in the battle for truth!

July 15 - 19
9:00 - 11:30 AM
Ages 4 - 6th Grade

Evangelical Free Church
212 Flower Street
Albert City, IA

Call 712-843-5759 to register



JH Design Bridal Registry

Grace Christensen & Tyler Smith - Wedding - August 2

Amber Dorothy & Adam Hanson - Wedding August 10

217 W. Veterans Rd., Launders, IA 50554

www.jhdesignstudios.com

(712) 841-4585

Launders, IA

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Store Hours: 7:00 a.m. - 9:00 p.m.

**Check Out this Week's Ad
by Clicking the Link Below!**

weekly ad

Come and Go Bridal Shower

A come and go bridal shower honoring Jessica Philp, bride to be of Andy Larson, will be held on Saturday, July 27 from 10 a.m. – noon at the Sacred Heart Parish Center in Launders.

The couple is registered at Heart N Home, Target, WalMart and Amazon.com.

Bring your favorite dessert recipe to share with Jessica.

Thank You!

L-M Impulse would like to extend a huge 'Thank You' to Food Pride and the community for your generous support of our fundraiser last week. We reached half of our goal thanks to you! If you missed the cookout but would still like to help, please call Joan Enockson at 712-470-2851.

Hakes-Scriver- Fleming Retirees Get Together

Hakes-Scriver-Fleming retirees let's get together for some conversation and a snack on Tuesday, July 16 at 1:30 p.m. at the First Christian Church in Launders. Significant others are welcome.

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D.D.S., P.C.
 LINDA OLSON BIERI, D.D.S.
 STEVEN CHRISTENSEN, D.D.S.

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 Jayne Woodin 712.450.2411 www.lodgeinnlaurens.com

Pocahontas Catholic School

305 SW 3rd Street
 Pocahontas, IA 50574
 712-335-3603
 www.pokycatholic.org

Tuition assistance is available to all, based on need.

RIALTO

Tickets: \$4-adults \$2- children 12 and under
 7:00 p.m. ~ 2:00 p.m. Sunday Matinee
 324 North Main St, Pocahontas 712-335-3434

June 5 - July 11
EPIC
Rated PG

Showtime: 7:00 nightly - 2:00 Sunday Matinee
 Free Popcorn w/Paid Admission Thursday
 \$2.00 Admission for ALL Monday Evening
Coming July 12: Fast & Furious 6

The Paper

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Sacred Heart Church Laurens

Pastor ~ Fr. John J. Gerald
Weekday Mass : Friday, 8:00 AM
Weekend Mass: Saturday 8:30 PM
(July-October)

Cluster Parishes

St. Joseph Catholic Church, Sioux Rapids

Weekday Mass: (Monday & Wednesday)
8:00 AM

Weekend Mass: Saturday 5:00 PM

St. Louis Catholic Church, Royal

Weekday Mass: (Tuesday & Thursday)
8:00 AM

Weekend Mass: Sunday 10:30 AM



This Week at First Christian Church

Wednesday, July 3

1:00 p.m. - Willing Workers

7:00 p.m. - Mission Council

Thursday, July 4

7:00 p.m. - AA Meeting

Sunday, July 7

9:30 a.m. - Worship followed by coffee and fellowship

10:30 a.m. - Surprised by Hope Bible Study



Bethany
LUTHERAN CHURCH
North American Lutheran Church

Sunday, July 7, 2013

9:00 AM ~ Worship w/Communion

10:00 AM ~ Coffee Fellowship

10:00 AM ~ Adult SS

Tuesday, July 9, 2013

7:00 PM ~ Hand Bell Rehearsal

This Week at Laurens United Methodist Church

Thurs., July 4th

Happy Independence Day! Church office closed

Fri., July 5th

Men's Bible Study @ 7 a.m.

Sun., July 7th

Worship @ 9:30 a.m. w/Communion

Fellowship Coffee @ 10:30 a.m.

Fri., July 12th

Men's Bible Study @ 7 a.m.



LUNCH

July 2013

Laurens Marathon Summer Food

Lunch Fact

Vitamin D is important because it helps your body absorb calcium, but studies have shown that it also has a protective effect against chronic diseases including heart disease, type 1 diabetes, and others.

Reference: Holick MF. *J Nutr.* 2005.

☘ monday

Beef Taco 2oz. 1 shell
Cheese 2oz.
Lettuce ½ C.
Mandarin Oranges ½ C.
Corn ½ C. , Milk 1 C.

1

☘ tuesday

Chicken Alfredo ¾ C.
Broccoli Normandy ½ C.
Pears ½ C.
Milk 1 C.

2

☘ wednesday

Hamburger 1 each 2.25 oz
Hamburger Bun 1 each
Pickles, Ketchup, Mustard
Baked Beans ½ C.
Grapes ½ C. Milk 1 C.

3

☘ thursday

No Lunch Today

4

☘ friday

No Lunch Today

5

Teriyaki Meatballs 2oz.
Rice ½ C.
Peas ½ C.
Apples 1 each
Milk 1 C.

8

Turkey 2oz.
Mashed Potatoes ½ C.
Gravy 2oz.
Bread sliced 1 each
Fruit Cocktail ½ C. Milk 1 C.

9

Goulash 1 C.
Green Beans ½ C.
Orange Wedges 4 each
Breadstick 1
Milk 1 C.

10

Ham and Cheese Wrap
Baby Carrots, ½ C
Ranch 2 TBS
Fresh Pineapple ½ C.
Milk 1 C.

11

Mr Ribb 2.25 oz
Hamburger Bun 1 each
Lettuce Salad w/ Cukes 1 C.
Ranch 2Tbs, Watermelon ½ C.
Milk 1 C.

12

Chicken Nuggets 5 each
Corn ½ C.
Fruit Cocktail ½ C.
Sliced bread 1 each
Milk 1 C.

15

Beefburger 2oz.
Hamburger Bun 1 each
Baked beans ½ C.
Pears ½ C.
Milk 1 C.

16

Mandarin Orange Chicken
oz. Rice ½ C
Steamed Broccoli ½ C.
Melon Salad ½ C.
Milk 1 C.

17

Turkey and Cheese Wrap
Celery & Carrots ½ C.
Ranch 2 TBS.
Applesauce ½ C.
Milk 1 C.

18

BBQ Pork 2.oz
Hamburger Bun 1 each
Mixed Greens Salad 1 C.
Peaches ½ C.
Milk 1 C.

19

Italian Chicken 2.25 each
Hamburger bun 1 each
Pineapple ½ C.
Green beans ½ C.
Milk 1 C.

22

Meatloaf 2 oz.
Dinner Roll 1 each
Corn ½ C.
Strawberries ½ C.
Milk 1 C.

23

Salisbury Steak 2oz.
Dinner roll 1 each
Cauliflower & Cheese ½ C.
Mandarin Oranges ½ C.
Milk 1 C.

24

PBJ Sandwich 1 each
Baby Carrots ½ c.
Apple 1 each
Milk 1 C.

25

Tator Tot Casserole 1 C.
Dinner roll 1 each
Romaine Lettuce Salad 1 C.
Fresh Pineapple ½ C.
Milk 1 C.

26

Sub sandwich 2 oz.
Hamburger Bun 1 each
Melon Salad ½ C.
Potato Salad ½ C.
Milk 1 C.

29

BBQ Pork 2 oz.
Hamburger Bun 1 each
Grapes ½ C.
Baked Beans ½ C.
Milk 1 C.

30

Hamburger on a bun 2.25
Corn ½ C.
Fruit Cocktail
Milk 1 C.

31

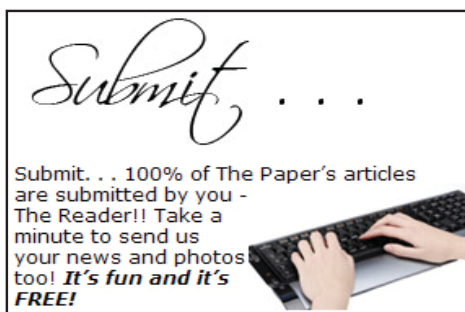
Laurens-Marathon Community School
300 W. Garfield St.
Laurens, IA 50554

Canner Gauge Testing

Pressure Canner gauges will be tested in Pocahontas at the Pocahontas County Extension and Outreach Office on Wednesday, July 10, from 9:00 am to Noon. Canner lids may be brought to the office ahead of time if that date does not fit your schedule. Only dial gauges need to be tested. There is a small testing fee.

2013 Pocahontas County Fair 4-H and FFA Set-Up Scheduled

Livestock committee members are asked to meet at 6:00 p.m., Monday, July 15 at the fair office. All 4-H and FFA members exhibiting at the 2013 Pocahontas County fair will begin set up at 6:30. Help is needed in static exhibit set up as well as all livestock barns.



Our Town Our Paper!

Yard and Garden: Fungi and Molds

Fungi and molds are popping up and out in Iowa lawns and gardens thanks to cool, wet conditions the past few weeks. Horticulturists with Iowa State University Extension and Outreach tell gardeners how to identify and manage some of the more common ones. To have additional garden questions answered, contact the ISU Hortline at hortline@iastate.edu or call 515-294-3108.

There are horn-shaped, foul-smelling objects growing in my mulched flower beds. What are they? The foul-smelling objects are likely stinkhorns. Stinkhorns are a type of fungus or mushroom. The common name is derived from their appearance and smell. Stinkhorns usually appear in cool, wet periods in late summer and early fall.

Several species of stinkhorn are found in Iowa. The fungi live off dead organic matter and are commonly found in mulched areas in the landscape. Stinkhorns start off as an egg-like, golf ball-sized structure in the soil. As the fungus develops, a stalk grows upward and is topped with a slimy cap coated with a mass of olive green to brown spores. The putrid smell of the stinkhorn cap attracts flies and other insects. The flies and other insects crawl on the stinkhorn, get covered with slime and spores, then fly away to other areas, disseminating the spores. Stinkhorns range from four to eight inches in height.

Stinkhorns are not poisonous or harmful to plants or people. Eventually, the stinkhorns wither away and disappear. Individuals can rake up and discard the fungi if their appearance or smell is bothersome.

A yellow, foam-like growth has suddenly appeared in my mulched perennial bed. What is it and will it harm my plants? The growth in your perennial bed is probably a slime mold (It is sometimes referred to as dog vomit slime mold because of its yellow, bile-looking appearance). Slime molds are primitive fungal-like organisms. Slime molds feed on bacteria and other organisms in the mulch. They do not harm plants.

Slime molds are usually a temporary nuisance. Within a few days, slime molds typically dry up and turn into white, powdery masses. Most individuals simply let the slime molds dry up and fade away. However, the slime molds can be scooped up and discarded if you find them objectionable.

There are tiny, cup-like structures growing in a mulched area in my yard. What are they? Will they harm my plants? The objects that resemble small cups or miniature bird's nests are bird's nest fungi. Bird's nest fungi grow on decaying organic matter. The tiny fungi are only one-fourth inch in diameter. The nests (fungi) are commonly brown, gray or white and contain brown or white "eggs." The "eggs" are spore-containing structures called periodioles. The eggs are splashed out of the nest by falling raindrops and adhere to nearby objects. The periodioles eventually dry, split open and release their spores.

Bird's nest fungi are not harmful to plants. However, bird's nest fungi can become a nuisance when the eggs stick to homes, cars and other objects as they are difficult to remove. Loosening the mulch with a rake (permitting the mulch to dry out) creates a less favorable environment for bird's nest fungi and should reduce their numbers. Fungicides do not control bird's nest fungi.

2013 Pocahontas County Fair Communication Event

Pocahontas County 4-H'ers participated in the 2013 Pocahontas County Fair Communications Event June 20. Share the Fun participants receiving blue ribbons: Allison Devereaux, Heidi Dornath, Kacie Cox, Keely Boker, Rachel Kuhn. Melody Kuhn was selected to represent Pocahontas County at the Clay County Fair with her piano solo. Selected for state was Melanie Nesbit, vocal solo; Kathryn Keller, acting piece; Jebb Winegarden, piano solo and Emily and Amanda Dornath doing a piano duet. Caleb Ekstrand will represent Pocahontas County at the State Fair in the Extemporaneous Speaking Contest as well as his Educational Presentation on Fighter Planes. Trent Elbert, Emily Dornath, Melanie Nesbit, Cara DeWall, Kacie Cox were selected to the State Fair Educational Presentation. Deanne Ekstrand was selected to attend the Clay County Fair with her Educational Presentation. Blue ribbon participants in the Educational Presentation division are: Melody Kuhn, Rachel Kuhn, and Caleb Kuhn who was also honored with a State Fair Honorable Mention ribbon.



Share the Fun

B – (L-R): Jebb Winegarden, Emily Dornath, Kacie Cox, Kathryn Keller

F – (L-R): Rachel Kuhn, Heidi Dornath, Melody Kuhn, Keely Boker, Amanda Dornath

Absent: Allison Devereaux



Educational Presentations

B-(L-R): Emily Dornath, Caleb Ekstrand, Melanie Nesbitt, Caleb Kuhn, Kacie Cox, Cara DeWall

F-(L-R): Trent Elbert, Deanne Ekstrand, Melody Kuhn, Rachel Kuhn