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March 13.

Local News



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# Touch of Broadway to Perform at Fonda Arts Center

Unlike our typical March weather, AccuWeather this year forecasts a mild-March with temperatures in the mid-40's, and snow limited to occasional flurries. As further proof that Spring is coming, "Touch of Broadway" will be performing at the Fonda Arts Center on Sunday, March 17th, at 3:00 p.m.!

Touch of Broadway is the traveling part of the Buena Vista Community Theater, and has been on the road for eighteen successful years, sharing its impressive talent in an uplifting, family-oriented show. This year, "Aspects of Love: What's in a Name" will have you guessing the next song as they tackle the alphabet from "A to Z" with titles familiar and loved by all! This promises to be an afternoon of delightful entertainment, friends and refreshments, sure to send you away with a smile on your face and a bounce in your step!

Tickets can be arranged in advance by calling 712-288-6278 or can be purchased at the door. All this happening at the Fonda Arts Center, on the Northwest corner of Fourth and Main Streets in Fonda. Everyone welcome!

#### Bridal Shower

You are cordially invited to a Come and Go Bridal Shower for Paige Potter, Bride-to-Be of Nick Brincks.

Shower to be held on Saturday, April 6 from 10 a.m.-12 p.m. at Fellowship Hall of the Laurens United Methodist Church. There will be a short program at 10:30 a.m.

Please bring your favorite recipe for Paige on a 4 X 6 recipe card.

They are registered at Lizziedoodle Gifts & Home Décor and Heart 'N Home in Laurens.



#### **Bridal Shower**

There will be a come and go bridal shower for Katie Fuchs, bride elect of Jordan Ives Saturday, March 30 from 10:00 a.m.-11:30 a.m. at the Rolfe Community Center.



## Hy-Vee to Support The Great American Milk Drive Throughout March



Hy-Vee, Inc. announced its commitment to delivering muchneeded milk to local food banks in its eight-state region by partnering with The Great American Milk Drive throughout the month of March. This is the third consecutive year of the companywide partnership.

During the monthlong campaign, every Hy-Vee store will offer customers the opportunity to donate \$2 or \$4 toward the purchase

of milk when they check out. At the end of the month, all donations will be used to purchase milk from area processors to be distributed to local food banks.

In partnership with Feeding America, the nation's largest domestic hunger-relief organization, MilkPEP and the National Dairy Council, The Great American Milk Drive campaign unites and enables the nation's food banks, processors, retailers and consumers to ensure milk and its essential nutrients, including high-quality protein, are provided to families who need it most. Last March, donations from Hy-Vee customers supplied more than 265,000 gallons of milk.

"Hy-Vee is honored to continue its participation in The Great American Milk Drive to provide even more assistance to help alleviate hunger," said Randy Edeker, Hy-Vee's chairman of the board, CEO and president. "Through the generosity of our customers, and with participation from all of Hy-Vee's 249 stores, our goal is to increase donations and make nutritious milk available to those in need."

Sponsors for this year's campaign include Dean Foods, Kraft Heinz, Mondelez International, Hiland Dairy, Kemps and Anderson Erickson Dairy.

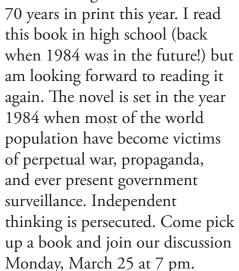
According to Feeding America, there are nearly five million food insecure people in Hy-Vee's eight-state region, and milk is one of the most requested – yet least available – items in food banks across the nation. Food bank clients receive less than one gallon of milk per person, per year.

"The Great American Milk Drive offers us all an opportunity to make a meaningful impact for local families throughout our eight-state region," Edeker said.



#### At the Library with Glenda Mulder March 13, 2019

Our Book Club choice for March is the classic dystopian novel *1984* written by George Orwell. This book will be celebrating



Deb has been working with Arts on Grand for the next set of ALLI art classes. Classes will be on 4 consecutive Thursday evenings beginning April 11. Our instructor will be Deborah Burow, Painter of Joy. Here's part of what she has to say about her "Let Your Paintbrush Dance" classes: "We will learn how to create fun, whimsical, colorful creatures in a relaxed atmosphere

where you will be free to play with WATERCOLOR paint without fearing you are "messing up". If you paint tightly and want to



wonderful

art opportunities to color outside the lines and create beautiful art that comes from the joy and loving to create that lives in you. This is not a learn to draw class. We will all try to move out of the box that we are familiar with and create art that is more free than what we have produced in the past." Classes are limited to 20 participants each and are filling fast! Contact the library to register.

New novels this week include: Silent Footsteps by Jo Bannister, Vacuum in the Dark by Jen Beagin, Wolf Pack by C.J. Box, Run Away by Harlan Coben, All the Wrong Places by Joy Fielding, Beautiful Bad by Annie Ward, House on Fire by Bonnie Kistler, Chronicles of a Radical Hag by Lorna Landvig, Little Faith by Nichola Butler, In Another Time

by Jill Cantor, *Stranger Diaries* by Elly Griffiths, and *Daisy Jones and the Six* by Taylor Reid.

In nonfiction we received Spearhead: An American Tank Gunner, His Enemy, and a Collision of Lives in World War II by Adam Makos and Outer Order, Inner Calm: Declutter and Organize to Make More Room for Happiness by Gretchen Rubin.

#### **COMING EVENTS**

- Tot Time Every Monday at 10 a.m.
- Take it Tuesday 6:30 p.m. the 1st Tuesday of the month
- Book Club 7 p.m. 4th Monday of the month
- Card Class 6:30 p.m. 4th Tuesday monthly
  - ALLI Paint Classes 6-8 p.m. April 11, 18, 25 & May 2
- POWs in Iowa with Linda McCann May 6 at 7 p.m.

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# Yard and Garden: Snow Increases Rabbit, Deer Damage

Rabbits and deer have been browsing on trees and shrubs in windbreaks, home orchards and landscape plantings over the last two months because of the extended period of snow cover across most of Iowa. The prognosis for the plants depends on the extent of damage. Iowa State University Extension and Outreach horticulturists describe how to access the damage. To have additional questions answered, contact Hortline at 515-294-3108 or email hortline@iastate.edu.

Rabbits have damaged several trees and shrubs in my yard. Will they survive? Deciduous trees that have been girdled (the bark has been removed completely around the trunk) have essentially been destroyed. The best course of action is to replace the girdled trees. Wrapping the trunk or applying pruning paint to the damaged area will not save the tree. Most affected trees will sucker at their base. However, since most fruit and ornamental trees are propagated by grafting, suckers which originate from the rootstock will not produce a desirable tree.

Many deciduous shrubs have the ability to produce new shoots or suckers at their base. Because of this

ability, severely damaged deciduous shrubs may recover within a few years. Girdled stems should be cut off just below the damaged areas.

Rabbits heavily damaged my raspberries over winter. Will they produce a crop this year? Purple, black and summer-bearing red raspberries that have been badly damaged by rabbits will likely produce little fruit this year. Purple, black and summer-bearing red raspberries produce fruit on the previous year's shoots. First year growth is strictly vegetative.

The best strategy for home gardeners is to cut off the damaged canes at ground level in early spring. Place chicken wire or hardware cloth fencing around the raspberry planting in fall to prevent rabbit damage to the new canes over winter. The raspberries should produce fruit the following year.

Rabbit browsing should have little effect on the total crop yield of fall-bearing red raspberries. Fallbearing raspberries naturally produce two crops. The first crop is produced in late summer/early fall at the tips of the current season's growth. The same canes produce a summer crop in the following year. Cut back the damaged

canes at ground level in early spring. New canes should produce a good crop in late summer/early fall.

Deer have browsed on several of my evergreens. Will they recover? The key to the condition of deerdamaged arborvitae, yews, pines and other evergreens is the presence of growing points or buds on the browsed branches. Branches that have had all their buds devoured by deer will not produce new growth in spring. As a result, some small evergreens may have been destroyed. Larger evergreens may have lost their lower branches. Since buds on arborvitae and yews are rather difficult to see, individuals should wait until late spring before taking any action. Branches that are completely bare (no green growth is present) in early June have been destroyed and can be removed.



# This Week at Bethany Lutheran

Wednesday: March 13, 2019

11:30 AM ~ Lenten Luncheon at LCC 5:30 PM ~ Lenten Soup Supper 6:30 PM ~ Lenten Evening Service Council meeting following service

Thursday: March 14, 2019

3:30-5:00 PM ~ Kids Club at FCC

Sunday: March 17, 2019 Second Sunday in Lent

9:30 AM - Adult SS

9:30 AM ~ Youth SS & Coffee Fellowship 10:30 AM ~ Worship w/Communion 11:00-1:00 - Ambulance Baked Potato Bar

Fundraiser at UMC

4:00 PM - Laurens Care Center

6:00 PM ~ Youth Group (JH & HS) at FCC

Tuesday: March 19, 2019

7:30 AM ~ Prayer Group

Worship, Love, Accept-Together in Christ's Name



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# This Week at Laurens United Methodist Church

Pastor Ed Frank

Wed., Mar. 13:

Book Club @ 9 a.m. Puppet Troop practice @ 7 p.m.

Thurs., Mar. 14:

Kids Club 3:30-5 p.m. at First Christian Brain Trauma Support Group @ 6 p.m.

Fri., Mar. 15:

Mens Bible Study @ 7 a.m.

Sun., Mar. 17:

Second Sunday in Lent Adult Sunday School @ 9:00 a.m. Sunday School (kids) @ 9:10 a.m. Fellowship Coffee @ 9:30 a.m Worship @ 10:30 a.m. Youth Group (Jr. & Sr. high) 6-8 p.m. at First Christian Church



## Resurrection of Our Lord Catholic Church

Pocahontas, IA -- Pastor: Very Rev. Craig Collison, VF

**MASS TIMES:** 

Daily Mass as scheduled in the weekly bulletin Saturday at 5:00 PM Sunday at 10:30 AM

**Confessions:** Saturday 4:15 pm at Resurrection

Office: 16 SW 2nd Street, Pocahontas

Office Phone: 712-335-3242

**Residence Phone:** 712-335-8065

E-mail: colly@ncn.net

Pastoral Care: Sister Renae Hohensee, 563-552-8666

#### This Week at First Christian

Pastor Rev. Rita Cordell 712-845-6164

Wednesday, March 13

11:30 a.m. - Lenten Lunch at LCC 7:00 p.m. - Lydia Circle

Thursday, March 14

3:30 p.m. - 5:00 p.m. - Kids Club here

Friday, March 15

7:00 p.m. - AA

Sunday, March 17

9:30 a.m. Sunday School





#### Lenten Lunch 2019 Schedule:

March 13th ~ Laurens Care Center

March 20th ~ Bethany Lutheran Church

March 27th ~ United Methodist Church

April 3rd ~ First Christian Church

April 10th ~ Bethany Lutheran Church

Each Wednesday @ 11:30 A.M. Offering will be taken.

## Ricochet Training

Adult volunteers attended a "Ricochet" training under the direction of Lisa Berkland, ISU Extension and Outreach Youth Program Specialist. The extreme leadership adventure will be passed on to youth of Pocahontas County. "Ricochet teaches youth that leadership is the ability to influence and support others in a positive manner for a common goal. It is a set of skills and attitudes that can be learned and developed that will help the leader influence the actions of others."



# Winter Webinar Series Offered for Master Gardeners in 2019

The Iowa State University Extension and Outreach Master Gardener program will host a winter webinar series in 2019. Master Gardeners will gain educational hours for the webinars that are scheduled at the ISU Extension and Outreach Pocahontas County office for March 25th and April 29th.

Winter webinar topics include:

- March 25, 2019 from 4:30 5:30pm Engaging New Audiences, Elin Filbey will share examples of activities to attract new people to the garden.
- April 29, 2019 from 4:30 –
   5:30pm Limited Space Gardening,
   Explore a dozen ways to create container gardens with Ed Lyon.

To register, contact Pocahontas County Extension and Outreach Office, at 712-335-3103. The webinars are free of charge and open to anyone who may be interested.

# Help Children Manage Small Transitions of Daily Life

Big changes in a child's life, such as getting a sibling or moving to a new home, bring big transitions, as the child learns to adapt to the new situation. Although learning to manage big transitions is important for children's development, learning to manage the small transitions of daily life is equally important, according to Cindy Thompson, a human sciences specialist with Iowa State University Extension and Outreach.

"Daily transitions are those short periods when a child needs to switch gears to a new activity; for example, getting dressed in the morning, leaving for child care or school, returning home and bath time," said Thompson, who specializes in family life issues.

These transitions can be especially challenging for children and parents, because children naturally process change, even a small change, more slowly than adults. Parents often report that transitions are the most stressful parts of their parenting routines. However, transitions can provide some of the most engaging interactions between a parent and child and strengthen their relationship, Thompson noted.

**Prepare for small transitions.** Parents can plan ahead to help their

children prepare for small daily transitions.

"Help your child lay out clothes for the next day, and find shoes and school supplies. Talk about what will happen the next day," Thompson said. "We forget that children do not have the years of experience that we, as parents, have. We are used to getting out the door each day. What might feel like over preparing to us is actually exactly what young children need to successfully navigate transitions."

Parents also can plan ahead for evening meals using a variety of resources, including "Spend Smart. Eat Smart." from ISU Extension and Outreach. Helping children make the transition back home can go much smoother when evening meals aren't an added source of stress.

Maintaining as much of a routine as possible for daily transitions is important, too, Thompson said. "Both parents and children benefit from knowing what to expect. A routine as simple as bath time, a story and time to snuggle together can help your child ease through the bedtime transition."

Another important detail for parents to consider is building the skills children need for transitions, Thompson said. "For example, it takes time for children to learn to dress themselves, brush their teeth and comb their hair. The time to develop these skills is when parents are calm and children aren't rushed."

#### Transitions bring benefits.

Transitions are times when parents can have meaningful interactions

with their children. "Research shows that adding conversation to daily transitions – describing the detail on a jacket that is being buttoned up or counting cups as the table is set, for example, develops critical language skills, which build the foundation for later learning in school," said Thompson.

Planning ahead, developing skills and using transitions as conversation times reduce the overall stress often associated with daily transitions.

"And less stress for both parents and children is good for everyone," Thompson said.

For more information on how to support children's development, download the ISU Extension and Outreach free publication series Ages and Stages. For all things parenting, visit Science of Parenting (scienceofparenting.org).

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#### City Council Minutes

March 4<sup>th</sup>, 2019

The Laurens City Council met in regular session in the Municipal Building at 5:00 p.m. on Monday, March 4th, 2019. Mayor Rod Johnson called the meeting to order at 5:00 p.m. Present were Council members Aaron Christenson, Rich Newgard, John Jamison, Julie Potter, City Manager Hilary Reed, City Clerk Joan Hoben, City Attorney Ann Beneke, and Police Chief Tom Shaw. Council member Jean Swanson was absent.

Potter moved to approve the consent agenda with the minutes from the February 18<sup>th</sup>, 2019, meeting, and the list of claims. Jamison seconded. All ayes; motion carried.

CLAIMS 02-04-2019		
A&M SERVICES, INC	RUGS, MOPS, RAGS	94.24
ALLIANT ENERGY	SHOP GAS FEES	599.37
BOMGAARS	SUPPLIES	485.02
BONNELL INDUSTRIES	SUPPLIES	692.85
BRANDON WHEATLEY	SNOW REMOVAL	1,400.00
BROWN SUPPLY CO	SUPPLIES	174.39
GALL'S INC GARTHLENE BELL HALLETT MATERIALS ICMA	POLICE SUPPLIES AED SUPPLIES ICE CONTROL SAND RETIREMENT 457	19.95 225.00 188.62 400.00
IRS IPERS IPERS/PD JULIAN JOHNSEN LMPC LMU SANTANDER LEASING LLC STAPLES TREASURER STATE OF IA UNITY POINT HEALTH US BANK USPS WELLMARK	FED/FICA TAX IPERS PROTECTED IPERS TRAINING MONTHLY PHONE MONTHLY UTILIES MONTHLY PUMPER PAYMENT OFFICE SUPPLIES FEB SALES TAX POLICE AED TRUCK SUPPLIES UTILITY BILLING MAR GROUP HEALTH INSURANCE TOTAL	6,514.53 5,592.96 1,416.87 301.00 421.26 7,522.63 1,461.34 217.87 4,819.00 37.50 444.84 328.00 9,470.21 42,827.45
PAYROLL	2/25/2019	
001	GENERAL	4,329.12
210	ROAD USE TAX	2,294.65
600	WATER	2,583.21
610 670	SEWER GARBAGE	2,556.49 2,465.37
	TOTAL	14,228.84
PAYROLL 001	3/1/2109 GENERAL	5,045.50
001	PAYROLL TOTAL	19,274.34
	PAID TOTAL	62,101.79
BY FUND	TAID TOTAL	02,101.79
001	GENERAL	21,115.21
110	ROAD USE TAX	7,685.75
112	EMPLOYEE BENEFITS	5,560.39
600	WATER	13,352.41
610	SEWER	7,792.89
670	GARBAGE	6,595.14
	TOTAL BY FUND	62,101.79

#### City Council Minutes

REVENUES	GENERAL	22,865.52
	ROAD USE TAX	13,602.11
	EMPLOYEE BENEFITS	344.46
	EMERGENCY LEVY	20.95
	LOCAL OPTION	8,140.21
	TAX INCREMENT FINANCING	286.82
	POOL RESTRICTED	811.00
	DEBT SERVICE	398.44
	CAPITAL EQUIPMENT	38.25
	WATER	42,139.40
	SEWER	29,607.96
	GARBAGE	20,332.64
	STORM WATER	3,063.27
		141,651.03

Newgard moved to approve Resolution 06-19 Fixing date for a meeting on the Authorization of a Loan. Christenson seconded. Roll call vote: Ayes: Potter, Jamison, Newgard, Christenson. Nays: None. Absent: Swanson, Motion carried.

Jamison moved to approve Resolution 07-19 Unpaid Nuisance Charges. Potter seconded. Roll call vote: Ayes: Potter, Jamison, Newgard, Christenson. Nays: None. Absent: Swanson, Motion carried. Reed presented the FY20 budget.

The Summer Ball Program was discussed. Reed relayed the Chamber/Community Boosters' board was not in favor of the suggestion of utilizing the pop can money to help, but they are willing to help in any other ways they can. Council member Julie Potter relayed concerns that were communicated to her from members of the community.

Reed stated town clean up days will be set for Tuesday, May 7<sup>th</sup> and Thursday, May 8<sup>th</sup> for respective garbage schedules.

Potter moved to adjourn at 5:45 p.m. Christenson seconded. All ayes. Motion carried.

Rod Johnson, Mayor	Hilary Reed, City Clerk