

The Paper

Our Town, Our Paper!



Laurens, Iowa



Vol. 11 No. 5

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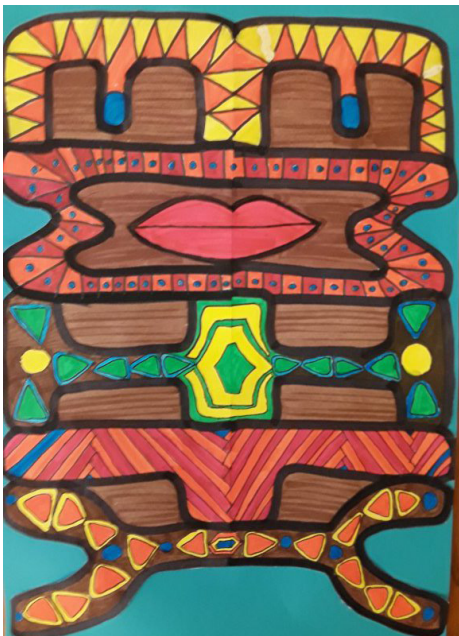
May 31, 2017

School News

Name Totem Poles

After studying totem poles in Katie Wenell's art class, students created a work that resembled a totem pole. They were displayed at the May 8 Middle School Spring Concert at Laurens-Marathon.

Who drew this totem pole? The name of the artist is hidden in the totem pole drawing. Answer next week.



Teacher Appreciation Day

On May 9, 2017, Laurens-Marathon educators celebrated Teacher Appreciation Day by honoring some longtime teachers.

John Jamison was recognized for his 30 years of service to the district, while Sylvia Ballman is retiring after 28 years teaching elementary students at L-M.

Pictured is Kelly Tate, Laurens-Marathon Education Association president, presenting John and Sylvia with their certificates.

Thanks to the Charger Pride Committee, the L-M school board, and L-M educators for providing delicious food for our celebration!



Woodley Insurance and Real Estate

Don't miss OPEN HOUSE SUNDAY

Sunday, June 4th from 1 – 3 P.M. in Laurens

Come and check out both of these fantastic homes!



301 S 2nd St



223 E Section Line Rd

KIDS KORNER DAYCARE CHARITY EVENT



LAURENS GOLF AND COUNTRY CLUB

Cash!

Prizes!

Games!

4 PERSON BEST BALL

Saturday, June 10, 2017

18 holes-9a.m. Shot Gun Start

\$30 per person lunch included

Reserve your cart ahead of time!

Reserve your spot at:

laurenscountryclub@gmail.com

or call 712.841.2287

Babysitting Clinic

ISU Extension and Outreach will be holding a Babysitting Clinic for 5th – 6th graders. The Babysitting Clinic will be held on Thursday, June 8, 2017 from 9:00am – 2:00pm at the Pocahontas County Extension and Outreach Office (305 North Main St.).

Participants will learn the basics of CPR, home safety, money management, how to make a healthy snack. They will finish the day discussing the ages and stages of young children. Participants will be provided a pizza lunch. Register early for the class, size is limited to 20 participants.

For questions, please contact Program Coordinator, Holly Frerk, at 712-335-3103 or email hfrerk@iastate.edu.



JUNE 21, 2017 9:30 AM SOIL HEALTH DAY

Come learn why soil health is important! See demonstrations of soil health through a rainfall simulator and get dirty in the field with a field assessment. This will be a fun learning experience for all ages.



**Gilmore City
Senior Citizens
Center**

**306 S. Gilmore
Street**

Gilmore City, IA

Guest Speakers:

Mike Henderson

Agronomist, NRCS

HELD IN PARTNERSHIP WITH:

Iowa State University Extension

Pocahontas Soil and Water
Conservation District

Natural Resources
Conservation Service

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Check out JackLinks.com for more information on the brand.

NOW HIRING! **NEW STARTING WAGES!!** **NEW LONGEVITY PAY!**

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Health (BCBS) premiums starting at \$28.74 bi-weekly-80% employer paid
401K match; EAP program
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Vacation accruals begin at 6 months
Referral bonus
Jack Links Company Store*



*Pick up application at:
Jack Links, Inc.
210 North 1st Street
Laurens, IA 50554
Mon-Fri 8:00am-4:00pm*



Help Wanted **CNC/ Mill Machinists**

Hone Machine Operator

Due to our leadership, growth and expansion into new products, we maintain a constant search for quality individuals to join our manufacturing team in Laurens, IA

Benefits- 90/10 Medical, Dental, Vision Life Insurance, vision week, PTO @ 60 days, 1 wk vacation @ 6 mos and another week at 1 yr, Company Match 401K etc.

Apply online at www.bobalee.com or contact Ken Witham, Human Resources Manager, at 712-369-8567

**Pre-Placement Drug Screening Required
Equal Opportunity Employer**



**137 N East St
Laurens, IA 50554**

Baby Boomer Rock 'n Roll Comes to the Fonda Arts Center!

This will be one of those times when every song is familiar, perhaps even the lyrics, and a memory jogger of what was happening when..... Don't we all gravitate towards the music we were raised with??

Randy Welander will take center stage, doing what he does so well, bringing back the hits of the 50's, 60's, and 70's. Feel free to dress the part, sing along and give what was your favorite dance another try! You may even be rewarded for your efforts! "Black cows" (CocaCola and ice cream floats) will be served, another happy memory resurrected!

All this happening at the Fonda Arts Center, on the northwest corner of Fourth and Main in Fonda, on Sunday, June 25th, beginning at 3:00. Everyone is welcome - friends and friends of friends! The more the merrier! As almost always, free admission, free refreshments!

Pocahontas Community Hospital



An Affiliate of  **UnityPoint Health**

**You are cordially invited to attend
Pocahontas Community Hospital's
50th Anniversary Celebration!!**

Monday, June 5, 2017

4:00 – 7:00 p.m.

Expo Center, Pocahontas, Iowa

The Pocahontas County Cattlemen will be grilling hamburgers provided by the Pocahontas Community Hospital

This will be a come and go event with educational tables and raffle drawings. There will also be a short program beginning at 5 p.m.

**We hope that you will be able to join
us to help celebrate 50 years of serving
the healthcare needs of the people of
Pocahontas County!**

At the Library with Glenda Mulder May 31, 2017

How can it be that today is the last day of classes for the school year for our L-M students? It seems as if we just got in the groove with our school year schedule; I was even starting to remember visits before I saw them on our calendar! Well, our Summer Reading for the kids starts soon - Wednesday, June 14. We will be having most of our programs at 1 o'clock this year. If you have young visitors on a Wednesday, I hope you will bring them to the library to join the fun we have planned for our Laurens kids as we "Build a Better World"! For the next few months our Take it Tuesday will be open card making. We'll put out our stamps, embossers, cutters, etc. You bring your basic paper supplies and your ideas. Deb will be here to help if you get stuck. This takes place monthly on the first Tuesday at 6:30 p.m.

New novels lately include: *Nighthawk* by Clive Cussler, *Just a Little Christmas* by Janet Dailey, *Not a Sound* by Heather Gudenkauf, *You Will Pay* by Lisa Jackson, *Gwendy's Button Box* by Stephen King, *Dis Mem Ber and Other Stories of Mystery* by Joyce Carol Oates, *Come Sundown* by Nora Roberts, *It's Always the Husband* by Michele Martinez and *Perfect Stranger* by Megan Miranda. In nonfiction, I just couldn't resist *Jackie's Girl: My Life with the Kennedy Family* by Kathy McMcKeon.

In keeping with the exhibit "German Iowa & the Global Midwest" that will be in our library in July, our Book Club choice for June is "*Bottomland*" by Michelle Hoover. This is also 2017's All Iowa Reads selection. The purpose of All Iowa Reads is to foster a sense of unity through reading. Our catalog describes it like this: "In the years after World War I the Hess family attempt to rid themselves of the anti-German sentiment that left a stain on their name. But when the youngest two daughters vanish in the middle of the night, the family must piece together what happened while struggling to maintain their life on the unforgiving Iowa plains." Our set of 10 copies will arrive the first of June, so we'll have to read quickly and share this month! Plan to join our discussion Monday, June 26 at 7 p.m.

COMING EVENTS

- Tot Time every Monday at 10 a.m.
- Take it Tuesday - 1st Tuesday 6:30 p.m. Open card making!
 - Book Club 4th Monday at 7 p.m.
- "German Iowa & the Global Midwest" July 5-17

Case 175th Anniversary Celebration

The 47th annual Threshermen & Collectors Show looks like it will be a record-breaker. This year marks the celebration of the 175th anniversary of Case. The association will host two international and five regional Case Collectors Clubs. Enthusiasts and exhibitors are expected to come from all over the world to celebrate the anniversary. The show has expanded to four days this year, August 10-13, and will be jam-packed with many special events.

EXPERIENCE THE EVOLUTION: In the Field. This special anniversary event will demonstrate the evolution of Case engines, tractors and implements by doing many of the typical farm activities out in the field. Imagine seeing a Case 110 steam engine plowing in the field right along with a new Case 620 QuadTrac with other generations in between! Classic Tractor Fever will be filming this event along with other show activities for their show on RFD-TV. Case collectors who wish to participate in this event should register in advance by calling the show office at 712-843-2076.

Along with the Experience the Evolution in the Field, there will be a special line-up of J. I. Case engines, tractors and implements from the beginning to present-day that show the evolution of Case. Visitors will enjoy walking this historical line-up that shows the innovation of the Case line over the last 175 years.

Other Special Events. The Ladies of Steam are two women from South Dakota who regularly provide seminars to those interested in steam engines. These seminars will take place Friday-Sunday at about 11:30 a.m.

On Friday evening, there will be a tractor pull for Case tractors only. Along with the tractor pull, a Case-o-matic demonstration will be held that duplicates the demonstration Case held at the 100 Series World Premier in Phoenix, AZ.

An attempt to set a record for the most Eagle hitch plows in the same field will take place Saturday afternoon following the Evolution in the Field.

There will be an all-Case equipment and machinery auction held Saturday morning starting at 7 a.m.

At the last Case feature show at Albert City in 2011, there were seven Case autos. That's quite a few to be in one place at one time. This year look for more than that number! Already more than seven are planning to attend.

The Threshermen Experience. With the expansion to four days this year, the Threshermen have organized a fun day of activities for Thursday. The annual tractor ride will be held starting at 1 p.m. New this year will be the "Threshermen Experience." Visitors can participate in hands-on training, demonstrations and presentations throughout the day. There is something for everyone to enjoy. Seminars include: carburetor rebuilding, blacksmithing, threshing, broom-making, kid's tractor driving, quilting, tating, spinning wool, carpentry, and horse activities. There will also be a presentation on the Early History of Farming in Pocahontas County and a presentation at Freedom Hall explaining the 13 folds of the American Flag.

The annual threshing show is full of live demonstrations and activities. These will again include a horse-drawn wagon train, tractor ride, Iowa Draft Pony Show, the Civil War Encampment by the Army of the Southwest, working sawmill, blacksmith shop, broom making, flour mill and tractor and gas engine displays. Field activities include plowing, discing, raking, threshing, corn shelling, binding, combining, and balling along with several horse-drawn field demonstrations and the popular Kids' Potato Patch. Exhibit buildings include Freedom Hall, the old farm house, grandpa's barn, the old schoolhouse, and Svenska Stuga (Swedish house replica.) There are daily parades at 10:30 a.m. and 4:30 p.m., and antique tractor pull Saturday morning.

The show site is located just a few miles northwest of Albert City, Iowa or about 15 miles northeast of Storm Lake.



Laurens Summer Ball Home Games

Wednesday, May 24th - 6PM Boys Coach Pitch/7:30PM Boys Peewee

Thursday, May 25th - 6PM Girls Coach Pitch and Girls Minors/
7:30PM Girls Peewee

Wednesday, May 31st - 6PM Boys Coach Pitch/7:30PM Boys Peewee

Thursday, June 1st - 6PM Girls Minors

Tuesday, June 6th - 6PM Girls Coach Pitch/Girls Minors

Friday, June 9th - 6PM Boys Coach Pitch/7:30PM Boys Peewee

Tuesday, June 13th - 6PM Girls Coach Pitch/7:30PM Girls Peewee

Thursday, June 15th - 6PM Girls Minors

Friday, June 16th - 6PM Boys Coach Pitch/7:30PM Boys Peewee

Tuesday, June 20th - 6PM Girls Coach Pitch/7:30PM Girls Peewee

Wednesday, June 21st - 6PM Boys Coach Pitch

Friday, June 23rd - 6PM Boys Coach Pitch/7:30PM Boys Peewee



HELP 6th, 7th & 8th Grade Students Visit Washington, D.C.

***Fund-raiser Lunch to be held on
Sunday, June 4 from 11 a.m. – 2 p.m.***

Grace Masonic Lodge in Laurens will host a fund-raiser lunch with the assistance of students planning on visiting Washington, D.C. in 2018. All proceeds will be divided equally between the student workers. Meals will include a choice of hotdog or hamburger, chips, and a soft-drink for a freewill donation. Grace Lodge will provide the food so 100% of the proceeds will go to the students.

Enjoy the meal at Grace Lodge in Laurens, 323 W. Main Street—across from the post office or get it to go.



If you can't attend, but you'd still like to donate, mail contributions to:

Grace Lodge
45640 150th Ave
Laurens, Iowa 50554

22nd & Final Marathon to Marathon Schedule of Events Saturday, June 10, 2017

Friday, June 9, 2017

Storm Lake Community High School, 621 Tornado Drive, Storm Lake, Iowa

- 5:30 p.m. – 8:00 p.m. Race Packets may be picked up
Registration for all races
Marathon to Marathon merchandise for sale
- 5:30 p.m. - 7:30 p.m. Spaghetti Supper by the Storm Lake High School travel club
- 5:30 p.m. – 6:30 p.m. Piano music by Adam Ullerich
- 6:30 pm. Marathon to Marathon Trivia Contest

Saturday, June 10, 2017

Storm Lake Community High School, 621 Tornado Drive, Storm Lake, Iowa

- 4:30 a.m. – 5:30 a.m. Race packets may be picked up and Registration for all races except the 5K
- 6:00 a.m. Full Marathon and Marathon Relay begin
Dave Dixon (5 Time Winner) – Honorary Starter
National Anthem sung by Arwal Andrews & Jr. Zambrana
- 6:05 a.m. Bus leaves for Half Marathon
- 7:00 a.m. Half Marathon begins - Al Pierce, Honorary Starter

Marathon Community Center, 300 W. Attica, Marathon

- 4:30 a.m. Shuttle Bus leaves for Storm Lake
- 7:00 a.m. 5K/ Run/Walk Registration and Packet pickup
- 7:00 a.m. – 11:00 a.m. Omelet Breakfast available for purchase
- 8:00 a.m. 5K Run/Walk begins - Karen Johnson, Honorary Starter
National Anthem sung by Karen Lind
- 8:30 a.m. – 8:45 a.m. Tot Trot Registration – Free to Children age 8 and under
- 8:30 a.m. – 12:30 p.m. Audience pie “give away” starts, 1 pie every 15 mins.
Marathon to Marathon merchandise for sale
Free popcorn, courtesy of First Coop Association
- 9:00 a.m. Tot Trot begins
- 9:30 a.m. Awards Ceremony for 5K Run/Walk
All other awards can be picked up as results are posted
- 11:00 a.m. – 1:30 p.m. Lunch available for purchase (served by the Churches of Marathon)
- 10:30 a.m. – 12:30 p.m. Music by the Davis Family
- 5:15 p.m. Doors open for the 111th MHS Alumni Banquet

Marathon Area Historical Society, Home of the LM ‘n O Railroad Museum, 508 S. Neptune, Marathon, Iowa

- 9:00 a.m. – 12:00 p.m. Open for tours and motor car/pedal rides

Main Street, Marathon, Iowa

- 8:00 a.m. - 12:00 p.m. Antique trucks, cars, tractors and motorcycle show
- 1:00 p.m. – 4:00 p.m. Mini Tractor Pull, 2 blocks east of Ikes Job Site (712-358-0949)
- 4:00 p.m. Bean Bag Tournament, \$20 entry fee/team, 32 teams, double elimination (712-358-0949)
- 5:00 p.m. 20th Annual Ton-A-Thon, Ikes Job Site
- 12:00 p.m. – 6:00 p.m. Rib Cook-off @ Ikes Job Site, \$10 entry fee 712-289-4704
- 6:00 p.m. Supper @ Ikes Job Site, Free will offering
- 9:00 p.m. – 1:00 a.m. Street Dance @ Ikes Job Site, “Great Lakes Hybrids”

This Week at First Christian Church

Pastor Rev. Rita Cordell

Wednesday, May 31

1:00 p.m. - Willing Workers

Friday, June 2

7:00 p.m. - AA

Sunday, June 4

9:30 a.m. - Worship (PENTECOST)
followed by coffee fellowship



This Week at Bethany Lutheran

Sunday: June 4, 2017

TIME CHANGE

Day of Pentecost

9:00 AM - Worship w/Communion &

Baptism

10:00 AM - Coffee Fellowship

Monday-Friday: June 5-9, 2017

8:30-11:30 AM - VBS - Opening/Closing at
LBC

Tuesday: June 6, 2017

10:00 AM - Coffee Time

5:00 PM - W/M Mtg.

Friday: June 9, 2017

11:30 AM - VBS Closing Program at BLC

*Worship, Love, Accept~ Together
in Christ's Name*



This Week at Laurens United Methodist Church

Thurs., June 1st:

UMW Ex. Board @ 8:50 a.m.

United Methodist Women's General meeting
@ 9:30 a.m.

Fri., June 2nd:

Men's Bible Study @ 7 am

Sun., June 4th:

Adult Sunday School @ 8:30 a.m.

Worship @ 9:30 a.m.

Fellowship @ 10:30 a.m.

Monday-Friday: June 5-9:7

8:30-11:30 AM - Vacation Bible School



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Sacred Heart Church Laurens

Pastor ~ Father Francis Makwinja

Weekday Mass : Friday, 8:00 AM

Weekend Mass: Saturday, 5:00 PM (March - June)

Cluster Parishes:

St. Joseph Catholic Church, Sioux Rapids

Weekday Mass: Monday & Wednesday, 8:00 AM

Weekend Mass: Sunday, 10:30 AM (March - June))

St. Louis Catholic Church, Royal

Weekday Mass: Tuesday & Thursday, 8:00 AM

Weekend Mass: Sunday, 8:30 AM (March- June)



Women, Land and Legacy
Buena Vista and Pocahontas Counties

Presents a

**LEARNING
SESSION**

a "Crop Walk"
with Paul Kassel,

ISU Extension and Outreach Field Agronomist



Lorna Kahl's and Linda Ecker's Farm
5647 60th Ave, Alta, Iowa
Friday, June 30th @ 10 AM

Sponsors: 

IOWA STATE UNIVERSITY
Extension and Outreach



Registration in advance is requested by calling Holly Frerk at the Pocahontas County
ISU Extension and Outreach Office (712) 335-3103 or email hfrerk@iastate.edu.

Sponsored by: USDA Natural Resources Conservation Service, USDA
Farm Service Agency, Pocahontas ISU Extension Service, Buena Vista
and Pocahontas County Soil & Water Conservation Districts, and the
Buena Vista and Pocahontas County Women, Land & Legacy Committee

Persons with disabilities who require accommodations to attend or participate in this
meeting should contact: Larrette Kolbe, DC Buena Vista County NRCS Office at (712) 732-
3096, larrette.kolbe@ia.usda.gov, or Federal Relay Service at 1-800-877-8339.

See more about WLL on Facebook or at www.womenlandandlegacy.org

Canning is Making a Comeback

Want to learn the fine art of canning, freezing and drying fruits and vegetables? Iowa State University (ISU) Extension and Outreach in Pocahontas County is offering a program that will benefit both beginning and experienced preservers. Food Preservation 101 will be held Thursday, June 15, 2017.

“Canning, drying and preserving food is an old art that is making a comeback,” said Katie Knobbe, ISU Extension nutrition and wellness program specialist and program presenter. “It’s all part of the trend to know where your food comes from, what is in it, and to eat fresh, local foods.”

The class will include food safety information, guidelines for canning, freezing and drying, an overview of equipment and utensils for canning and freezing and up to date resources and recipes for safe and tasty food preservation. Participants will also learn about Preserve the Taste of Summer, the food preservation course available from ISU Extension.

“Food preservation is a wonderful way to extend the taste and nutrition of the garden throughout the whole year,” said Knobbe.

First time preservers are encouraged to attend this class as well as anyone who would like to update their canning, freezing, and dehydrating skills.

“Canning the way grandma did it may not be safe,” said Knobbe. “Everyone needs to be using up-to-date canning and food preservation processes and recipes.”

Pre-registration for the Food Preservation 101 workshop is requested. Participants should register for the class by calling 712-335-3103 or email hfrerk@iastate.edu.

Yard and Garden: Caring for Newly Planted Trees

Iowa has millions of trees across its landscape, and many are planted each year. But when they are, they require multiple steps and focused care to ensure their success and growth.

ISU Extension and Outreach horticulturists can help answer your questions about how to best care for newly planted trees. To have additional questions answered, contact the ISU Hortline at 515-294-3108 or hortline@iastate.edu.

How often should a newly planted tree be watered? The key to watering newly planted balled and burlapped and container-grown trees is to keep the plant’s root-ball moist for several weeks after planting. Water newly planted trees every day for six or seven days and then gradually reduce the frequency of watering. When watering, slowly apply water to the root-ball and the surrounding soil. A thorough watering every seven to 10 days (in dry weather) should be sufficient four to six weeks after planting. Continue this watering schedule through summer and into fall. Small trees usually require watering for one or two growing seasons. It may be necessary to periodically water large trees for two or three years.

To what degree should a newly planted tree be pruned? Trees utilize sugars and other carbohydrates manufactured by the foliage for plant growth. Pruning of newly planted trees should be limited to corrective pruning. (Severe pruning reduces the tree’s ability to manufacture food and slows plant growth.) Remove structural defects, such as double leaders and dead, broken or crossing branches. Retain most of the lower branches to help stabilize the tree. The lower branches also provide food for the growing tree. Gradually remove the lower limbs as the tree grows during the first five to 10 years.

Should a newly planted tree be fertilized? It is generally not necessary to fertilize newly planted trees. Most Iowa soils can supply sufficient amounts of nutrients during establishment. If the tree is growing poorly two to three years after planting, fertilization may be beneficial. Poorly growing trees typically exhibit sparse foliage, yellow-green leaves or short annual twig growth.

Should a newly planted tree be staked? Staking is not required for most newly planted trees. However, top-heavy trees and those planted in windy, exposed sites may require staking. If staking is necessary, allow the trunk to move or sway for proper trunk and root development. To prevent damage to the trunk, use strong, wide strips of canvas, rubber or other materials to support the tree. Remove the stakes as soon as possible. Stakes can often be removed after one growing season.

Should the trunk of a newly planted tree be wrapped? Wrapping protective materials around the trunks of newly planted trees is usually not necessary. If you do decide to use a tree wrap, place it around the trunk of the tree in fall (November) and promptly remove it the following spring (April). Wrapping the trunks of young trees in fall may discourage rabbit browsing and sunscald in winter.

Caregivers Face Transitions with Loved Ones

One of the many challenges faced by people in caregiving situations is dealing with changes that occur in those relationships. Spouses who enjoyed traveling together over a lifetime now may be home-bound. Adult children who enjoyed mom's home-cooked meals for holidays may find themselves arranging for her daily nutritional needs. These changes and many others lead to transitions that mark the progression of illness or aging, says Dr. David Brown, a human sciences specialist with Iowa State University Extension and Outreach.

"Often the transitions, and the decisions that must come with them, are difficult because they lead to some type of loss. It helps to understand the process we go through when we deal with the transitions," said Dr. Brown, who specializes in family life issues.

Learning to deal with transitions is part of "Powerful Tools for Caregivers," a series of classes designed to empower family caregivers to take better care of themselves, whether they provide care for adults with chronic conditions or children with special health and behavioral needs. ISU Extension and Outreach offers the six-week series in which caregivers gain "tools" to reduce stress, improve caregiving confidence, establish

balance in their lives, communicate their needs, make tough decisions and locate helpful resources.

"The Caregiver Helpbook," provided during the "Powerful Tools for Caregivers" classes explains three stages in dealing with transitions: the ending, the wilderness period and the new beginning. "The transition starts with the ending, the 'letting go' of what has ended. You may not want to do this, but you must so you can move on to what is next," Brown said.

Grandma no longer can grow a garden after years of canning, freezing and sharing her produce with the family, for example. This is a loss for Grandma, who may miss the activity, the joy of sharing and the idea that she can provide for herself.

It is also a loss for you, for the image you had of Grandma as hail and healthy, and the product itself, which represents much more than mere food to you both.

Because of a gradual but steady decline, those with chronic, progressive illnesses must cope with a series of ongoing endings. This happens when Dad, who is experiencing signs of dementia, is no longer a safe driver.

"You will manage the change – sell the car, cancel the insurance, arrange for alternate transportation. However, the 'letting go' may never happen, because Dad's increasing dementia makes it impossible for him to remember that he no longer drives. It may result in disbelief, sadness or anger each time he hears

the news," Dr. Brown said.

During the wilderness period both caregiver and care receiver come to grips with the change and loss.

"You may experience confusion, emptiness, depression, uncertainty and anxiety. This is a difficult stage because most of us want to 'solve' situations right away. We do not like to wander! Give yourself time and be patient with yourself. This period cannot be rushed," Dr. Brown said.

During this time, it is important to maintain routines and structures as much as possible. This gives a sense of predictability.

"Take care of yourself as well, by eating well and getting plenty of sleep. Stay in touch with supportive people. Look for the positive in the change and avoid doing something just for the sake of taking action," Dr. Brown advised.

The new beginning comes after the wilderness and may start as vague or unimpressive.

You may wake up one day to a subtle feeling that you are ready for something new. You may feel more refreshed and find that you are looking for opportunities. You have begun on a new and still-changing life.

"If you provide care for a loved one, you're not alone. More than 65 million people in the U.S., that's nearly 30 percent of our population, provided care for a chronically ill, disabled or aging family member or friend last year alone. Many of these people spent more than 20 hours per week giving care, according to the Caregiver Action Network," Dr. Brown said.

Laurens-Marathon Class of 2017

Class Officers:

President – Alexis Seitz

Sec./Treasurer – Kira Hughes

Student Council – Jennica Mielke &
Kenzie Sullivan

Class Colors: Royal Blue and Gold

Class Flower: Blue & Yellow
Forget-Me-Nots

Class Motto: “Saved the best for last.”

2017 Local Scholarship Recipients

Hannah Runneberg - Max and Helen Grossnickle Scholarship, Ledgard B. Hakes and Frances Gilchrist Hakes Scholarship, Laurens State Bank Scholarship, H.M. "Jack" and Florence Hawley Pohlman Scholarship, Joseph C. Thoma Scholarship, Daniel G. Younggreen Family Award

Buena Vista University - Biomedical Science / Pre-Dentistry

Kira Hughes - Blomgren Scholarship
Iowa Central Community College - Nursing

Jennica Mielke - Blomgren Scholarship, Laurens Kiwanis Club Scholarship, Dwight & Leota Oleson Scholarship
Iowa Central Community College - Psychology

Alexis Seitz - Joe & Maxine Halterman Scholarship, Everett and Virginia Kees Opportunity Award, Ludwig Scholarship, Matt Steinkamp Scholarship, Rachel E. Whitfield Scholarship, Y-Teen Scholarship
She also receives an Honor Student Plaque
University of Northern Iowa - Graphic Design

Danielle Lawman - Byron H. and Ivalee Aschenbrenner Scholarship, Deborah Newgard Memorial Scholarship, Matt Steinkamp Scholarship, Danny R. Svuba Scholarship
Iowa Lakes Community College - Medical Assistant

Kenzie Sullivan - Richard and LaDonna DeYoung Scholarship, Helen Grossnickle Scholarship, Dr. J.H. Hovenden Scholarship, Winogene Hovenden Hunt Scholarship, Raymond E. Nonneman Scholarship, Harold V. Ryon Scholarship, James C. and Alice B. Sernett Family Scholarship, Daniel G. Younggreen Family Award, Y-Teen Scholarship
She also receives the Bernie Saggau Award, Salutatorian trophy and an Honor Student Plaque
Wayne State College - Business

Cody Rohrbaugh - Byron H. and Ivalee Aschenbrenner Scholarship, Blomgren Scholarship, Mary Watkins Gilchrist and Fred C. Gilchrist Jr. Scholarship, Max and Helen Grossnickle Scholarship, Doris E. Siddall Scholarship, Ray and Maxine Wright Scholarship
He also receives an Honor Student Plaque
University of Northern Iowa - Accounting

Jake Unger - The Gale and Bessie Peterson "Helping Hand" Award
Iowa Central Community College - Diesel Technology

Anthony Gordon - Jensen Scholarship, Harvey Baker Memorial Kiwanis Club Scholarship, M.J. Millward Scholarship, Doris E. Siddall Scholarship
He also receives the American Citizenship Award, Iowa Governor's Scholar Award, Valedictorian trophy, an Honor Student Plaque, and a Red Cord for being a gallon Blood Donor
South Dakota School of Mines & Technology - Geology

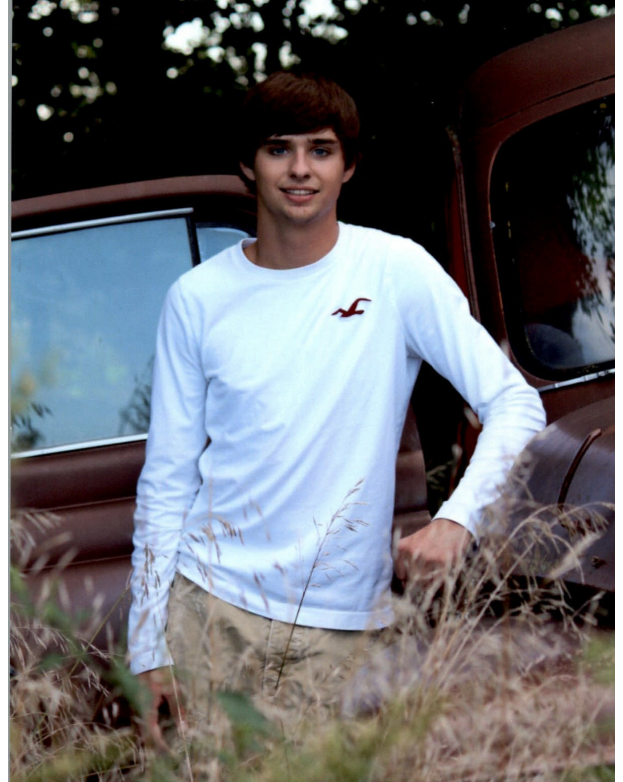
Brandon Beyer - Jensen Scholarship, Everett and Virginia Kees Opportunity Award,
Iowa Central Community College - HVAC Technician

Noah Anderson - Blomgren Scholarship, Douglas L. DeYoung Scholarship, Harold and Marie Halder Scholarship, Laurens Kiwanis Club Scholarship, Laurens-Marathon Education Association Scholarship, Pocahontas Healthcare Foundation Scholarship
Iowa Central Community College - Nursing

School News



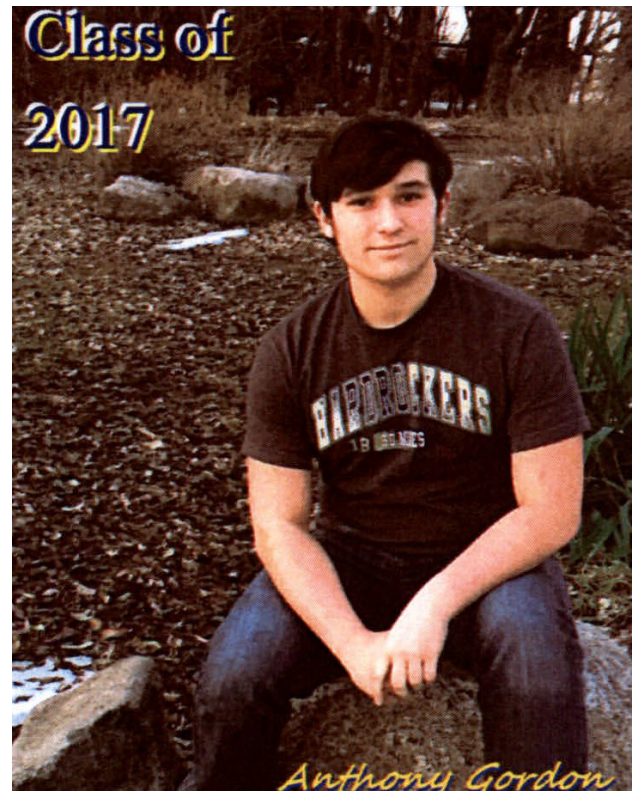
Alexis M. Seitz



Jake Unger



Danielle Lawman



Anthony Edward Gordon



Ricky Unger



Cody Straumer Rohrbaugh



Jennica L. Mielke



Kira Hughes



Hannah Eileen Runneberg



Michael Robert Mahorney



Kenzie Rae Sullivan



Noah Anderson



Brandon Richard Beyer

May 23, 2017

The Utility Board of Trustees of Laurens, Iowa met in regular session at the Municipal Building, 272 N. Third Street, Laurens, Iowa, at 5:30 p.m. on the above date. Present were Trustees Richard Main, Jerry Runneberg and Ben Storms. Also present were General Manager Chad Cleveland and NIMECA CEO Greg Fritz.

The agenda for the May 23, 2017 meeting stands approved as presented.

Greg Fritz, CEO of NIMECA, visited with the Trustees about the latest issues being dealt with in NIMECA and how they affect Laurens. Discussions were held on Renewable Energy, Asset Sale/Transfer, CTS Improvements and Marathon's Solar Project. No specific action was taken.

Motion by Trustee Storms and seconded by Trustee Runneberg to approve the minutes of the April 25, 2017 meeting. Ayes: All. Nays: None. Motion carried.

Motion by Trustee Runneberg and seconded by Trustee Storms to approve the summary of receipts for April 2017 in the amount of \$467,984.33 and the list of expenses for April 2017 in the amount of \$548,537.28. Ayes: All. Nays: None. Motion carried.

Summary of Receipts

A/R Electric	\$ 258,424.75		
A/R Communications	\$ 59,051.40		
Carrier Access Fees	\$ 4,978.85		
Electric Write off Recoveries	\$ 1,081.16		
Communications Write-off Recoveries	\$ 811.26		
Electric Deposits	\$ 1,030.00		
Internet Deposits	\$ 195.00		
Telephone Deposits	\$ 25.00		
Cable TV Deposits	\$ 48.00		
Marathon Energy Sales	\$ 12,228.68		
Marathon Principal Payment	\$ 1,122.13		
Marathon Interest Payment	\$ 461.39		
CD Matured	\$ 100,000.00		
CD Interest	\$ 373.97		
Merchandise/Services Electric	\$ 865.00		
Merchandise/Services Communications	\$ 160.00		
Attachment H Revenues	\$ 19,815.55		
E911 Circuit Fees	\$ 1,286.52		
Tower Lease	\$ 1,800.00		
Miscellaneous Telephone	\$ 65.00		
Miscellaneous Cable TV	\$ 232.96		
Treasure Hunt Reimbursement	\$ 2.33	Electric Receipts	\$ 399,330.34
Patronage Dividend Income	\$ 3,925.38	Communications Receipts	\$ 68,653.99
Total Cash Receipts	\$ 467,984.33	Total Cash Receipts	\$ 467,984.33

List of Expenses

A & M Laundry	Dust Mops & Mats	\$ 85.28
AFLAC	Employee Premiums	\$ 227.40
After Prom Party	Donation	\$ 200.00
Alliant Energy	Natural Gas	\$ 259.30
Arris Solutions Inc.	C4c Annual Support	\$ 1,852.27
Aureon	CALEA/SS7/Switching	\$ 154.40
Avesis	Group Vision Insurance	\$ 114.52
Big 10 Network	Programming Fees	\$ 619.75
Border States Electric	Supplies	\$ 151.63
BSG Clearing Solutions	LECC Invoice	\$ 31.53

Century Link Access	Transport Fees	\$	551.12
Century Link Lexcis	Directory Listings	\$	43.62
Cleveland, Chad	Meeting Expenses	\$	134.91
Consortia Consulting	Consulting Contract	\$	1,116.33
Counsel	Supplies	\$	503.94
Crescent Electric	Supplies	\$	162.16
Customers	Deposit Refunds	\$	491.04
Dakota Riggers	Supplies	\$	45.05
Department of Energy	WAPA Power Bill	\$	36,508.02
DGR Engineering	Engineering Fees	\$	891.00
Employee Benefit Systems	Self-Funding Claims	\$	2,938.91
Employee Benefit Systems	Administration Fees	\$	120.00
Fox Sports Net North	Programming Fees	\$	1,675.00
Hearst Television	Programming Fees	\$	712.53
Horsetech	UPS Shipping Fees	\$	10.15
ICMA Retirement	Employee Contributions	\$	1,200.00
Internal Revenue Service	Payroll Taxes	\$	9,173.71
Iowa Department of Revenue	Sales Tax	\$	6,592.00
Iowa Department of Revenue	State Withholding	\$	1,471.00
Iowa One Call	Locates	\$	26.60
Iowa Public Employees Retirement System	IPERS Contributions	\$	4,927.95
KTIV – TV	Programming Fees	\$	672.60
Laurens, City of	Utility Billing	\$	82,247.09
Laurens Food Pride	Supplies	\$	32.71
Laurens House of Print	Supplies	\$	151.94
Laurens Municipal Power & Communications	Communications Bill	\$	441.80
Laurens Municipal Utilities	Utility Bill	\$	100.98
Laurens Plumbing/Hwy 10 Hardware	Supplies	\$	676.01
Laurens State Bank	CD Purchase	\$	200,000.00
Laurens State Bank	CTS Improvement Fund	\$	16,000.00
Laurens State Bank	Service Charges	\$	44.80
Laurens Sun	Publications	\$	343.56
Long Lines	Switching/Internet/Billing/LD	\$	7,934.21
Merchant Bankcard	Credit Card Processing Fees	\$	646.10
MidAmerican Energy	Neal 4 Operations	\$	12,000.00
National Cable Television Cooperative	Programming Fees/Equipment	\$	17,090.49
Newgard Auto Parts	Vehicle Supplies	\$	72.16
Nexstar Broadcasting	Programming Fees	\$	1,860.30
NIMECA	Power Bill	\$	39,192.99
Oakhill Consulting	Consulting Fees	\$	128.00
Office Elements	Supplies	\$	161.01
Payroll	Salaried, Hourly & Overtime	\$	21,980.36
Petroleum Marketers Management Insurance	UST Insurance Premium	\$	788.00
PLIC-SBD Grand Island	Life/Disability Insurance Premiums	\$	600.10
Pocahontas County 911	Quarterly E911 Fees	\$	3,247.21
Pop Media	Programming Fees	\$	654.87
Postmaster	Postage	\$	490.00
Pro Cooperative	Fuel	\$	343.47
RFD TV	Programming Fees	\$	7.82
Rovi Guides	Programming Fees	\$	627.04
Schmidt, Tom	Meeting Expenses	\$	152.48
Secure Shred Solutions	Paper Shredding	\$	115.00
Sinclair Broadcast Group	Programming Fees	\$	898.88
Sonksen, Karla	Meeting Expenses	\$	81.85
Spencer Municipal Utilities	Programming/Transport Fees	\$	1,736.01
Stuart C. Irby	Transformer/Supplies	\$	8,537.53
Tower Distribution Company	Programming Fees	\$	807.30

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TP Anderson & Company PC	Consulting Fees	\$	250.00
Unity Point Occupational Medicine	Employee Hearing Tests	\$	280.38
VECTOR	Insurance/CPR/First Aid	\$	220.07
Verizon Wireless	Wireless Service	\$	270.85
Wellmark Blue Cross Blue Shield	Health Insurance Premiums	\$	8,701.89
Woodley Insurance & Real Estate	Property/Liability Insurance	\$	43,886.50
Zcorum	Cable Modem Provisioning	\$	777.79
Ziegler, Inc.	Generator Maintenance Supplies	\$	294.01
	Total	\$	548,537.28
Electric Expenses	\$	473,710.68	
Communications Expenses	\$	74,826.60	
Total Expenses	\$	548,537.28	

The Trustees reviewed the Utility Funds Report and the Income Statement for April 2017. No specific action was taken.

Discussion was held on the current rates charged for Internet, Telephone and Cable TV services. The Board also reviewed the cash flow analysis from Consortia Consulting and their recommendations. New rates and ideas were discussed but no action was taken at this time.

There being no further business, on motion and vote, the meeting adjourned at 9:15 p.m.

Richard Main
Chairman, Board of Trustees
Laurens Municipal Light and Power Plant

ATTEST:

Chad Cleveland
Secretary, Board of Trustees
Laurens Municipal Light and Power Plant