

# The Paper

Our Town, Our Paper!



Laurens, Iowa



Vol. 11 No. 15

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August 9, 2017

## Local News

### *Gethman Challenge...Let's Create a Splash Together!*

Summer is winding down and there has been a lot of activity at the Earl Mackie Memorial Swimming Pool this summer. Group swimming lessons were held both in June and July with around 50 little swimmers gaining strength and confidence in the pool. The Laurens Swim Team celebrated their 50th Anniversary and finished their season by placing 3rd at the Conference meet. Over 200 swimmers joined us during the town celebration for free swim and the daily admission has been steady all summer. Plans are set for our annual Pet Swim to close the season on August 19.

The Laurens Pool Committee has been busy with the golf

ball splash held during the town celebration and fine tuning a new informative brochure that is being mailed to alumni of Laurens High School and Laurens-Marathon High School. In July and August, a matching funds campaign is being sponsored by the family of Joan Gethmann. Joan was a graduate of Laurens High School and still has family in town. As a child, Joan never learned to swim and made sure her children learned to swim at a young age. All of her children were successful competitive swimmers. Joan didn't want any child to be afraid of the water, drowning remains the second leading cause of accidental deaths for children 14 and younger, and this is why the family is sponsoring the challenge in her honor.

Donations can be sent to the City of

Laurens, 272 N. Third Street, Laurens, IA 50554. Mark all donations "Gethmann Challenge."

Please follow the Laurens Pool Project on Facebook as well as view our video at <https://youtu.be/Oz2KYmmiHMo>



## *Happy 50th Anniversary!*

Happy 50th Wedding Anniversary to our parents, Bob and Joan Anderson! It is a blessing to see the love you have for each other and family. Join us in sending



Congratulations for their Golden Anniversary to 4781 200th Ave, Marathon, IA

*Love ,  
Chad, Bobbi, Lacey, Kim, TJ, Alex,  
Amanda, Morgan, and Rylie*

## *Laurens City Wide Garage Sales*

Laurens City Wide Garage Sales are this Saturday, August 12 from 8-1! Don't Monkey Around, Go Bananas at the City Wide Garage Sales.

For map/sale items list go to: [www.laurenschamber.com](http://www.laurenschamber.com) or pick up at Caseys, Country Store or Food Pride.

## *Bridal Shower*

A come-and-go bridal shower will be held honoring Cara Jamison and Nelson Shimon on Saturday, August 19. It will be held at FIT Exercise Studio in downtown Laurens from 9–11 A.M. Cara and Nelson are registered at Target and Amazon.

# MISSING



### **2 Year Old, Female Yorkie/Shiatsu "Pennie"**

If any of you have a dog, or are a dog lover, you will understand our pain. Pennie has been missing since Monday at 4:00 p.m. from our home in Laurens.

Pennie is very friendly, loves people, kids and warms are heart. We are extremely sad and would like it if you could keep your eyes open for our furry family member. She either has ran away or someone took her from our backyard. She has always returned in the past 2 years, so this is a shock to us. If you do see her or know of where she might be please, please contact us:

*Our Hearts Are  
Breaking :-(  
:(*

**712.240.4082**

*Thank You,  
Charity, Bekka, Kadence, & Bodee Madsen*

## *The Paper*

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## *Keeping Your Brain Healthy*

*Written by: Tom Steinkoenig, music teacher*

I recently read in an article, which confirmed my beliefs, that when a musician picks up their instrument, this is the brain's equivalence to a full-body workout. Why is that?

When you play a musical instrument, you are multi-tasking. You are learning what the note is called, where it is written on the staff, how many counts the note receives, how the note is fingered on the valves or keys for wind instruments and if it is a string instrument such as guitar or violin, where the fingers go to make a note. It is said that by learning a musical instrument, you are using your whole brain which helps to avoid getting Alzheimer's or dementia.

Learning a musical instrument at any age includes music theory, which includes how many counts a whole note, half note, quarter note, eighth note, etc. gets, as well as the rhythm to which they are set and how the notes are played. It takes notes and

rhythm to make a melody.

Besides theory, you are learning how to finger an instrument, whether it is a string or wind instrument. On a guitar, you are learning to play notes and chords. You have to think about all of these things at the same time, which is healthy for your brain.

People who have leadership positions in their field of work, when asked if they ever played an instrument will usually respond that they played in a school or college band or at least had some experience learning an instrument. Students also, who are on the honor roll usually play an instrument as well.

Also from a Jim Walsh article that I recently read, it has been proven that a child just having a little experience learning to play an instrument and taking music lessons a short time creates the ability to listen better. As they accelerate their ability to discern structure and form in music, it is easier for them to tell what music they like and what they don't like. It also has been proven that playing an instrument thickens the cortex of the brain that fuels motor skills, coordination and visual ability.

Daniel J. Levitin, the neuroscientist (who plays sax, guitar and bass) also finds the difference between musicians' and non-musicians' brains are significant. Musicians use different parts of their brains, more of their brains and more parts of their brain simultaneously to complete tasks.

If you are a music listener, your brain does fireworks but if you

are playing, your activity becomes a jubilee and this is as I mentioned earlier – the equivalence to a full body workout.

Speaking as a musician, I also rely on the findings of the late neurologist, Oliver Sacks, who reported on the benefits of playing music for older adults that playing music has more positive impact on the brain than any other human activity by engaging both halves of the brain equally. He contended that a focused regiment of musical practice rewires the brain and connects us to others and the universe like nothing else.

A lifetime of playing an instrument protects musicians from age-related decline. Adults who stopped taking lessons as long as forty years ago still are reaping the benefits such as improved memory and cognitive skills. In the past few years, study after study, book after book has trumpeted the benefits of playing music for older adults. It has been said that when a musician sits down to play, there are fireworks going off all over their brain and there's a party going on.

Personally as a music teacher for many years, watching a student progress on his/her instrument gives me much pleasure and enjoyment. Therefore, it makes my brain more healthy...hopefully!

Musicians all say that the rehearsals, and hauling of gear are worth it because playing just feels so good. I'm not a kid anymore but darn it, "Playing music just makes me feel young again."



## *“South 71” & Okoboji Brewing Company at Fonda Arts Center*

Once again, the Fonda Arts Center welcomes some of Iowa’s best when “South 71” and the Okoboji Brewing Company come to the Fonda Arts Center for an evening of folk, rock, blues and all kinds of fun music, paired with a craft beer tasting of select Iowa beers from the Okoboji Brewing Company! August 19th is the date, 6:30 p.m. is the time, and the place is the northwest corner of Fourth & Main in Fonda! This is a ticketed event with tickets available at the door, or by calling 712-288-6278 or 712-288-6681, at a price of \$10.00. Come, pick up your glass, and join us for great entertainment and refreshments!

## *Engagement Announced!*



Rich and Mary Beth Hanson of Algona are pleased to announce the engagement and upcoming wedding of their daughter, Amanda Hanson to Jason Gustafson, son of Randy and Carla Gustafson of Laurens.

Amanda is a 2009 graduate of Algona High School, and a 2011 graduate of North Iowa Area Community College. Amanda owns and operates her own in-home daycare, Amanda’s Childcare, in Laurens.

Jason is a 2007 graduate of Laurens-Marathon High School, and a 2009 graduate of South Dakota State University. Jason is involved with his family’s farming operation, Gustafson Farms, and farms around

the Laurens area. Jason also helps operate his family’s pheasant hunting business, Smokin’ Barrels of Laurens.

The August 19, 2017 wedding will take place at the Laurens United Methodist Church.

## *Guitar Classes to be Offered*

Tom Steinkoenig, music teacher, will start a Guitar Class for adults starting soon. Never too late to learn. The first meeting will be on September 7, 2017 at 6:30 pm at 316 East Garfield Street. Call (515)-570 5044. No experience necessary as you will start individually with private lessons and advance to the class as you progress. We have two people ready now and as soon as we have three, the class will begin. This will be for acoustic guitar only. A fun experience as you will learn to strum different rhythms and play melodies.

## *Baby Shower!*

Please join Addison Tate and Dalton Wiley in celebration of baby girl Wiley! Come join them in celebrating during a "come and go" baby shower on Saturday, August 19th from 9-11 am.

The shower will take place at the West Iowa Bank Conference Room in Laurens.



*At the Library  
with Glenda Mulder  
August 9, 2017*

I've been busy filling up our calendar with lots of fun coming events – check the end of the column for a list. One

program that you won't want to miss is author Arla Kintigh talking about her new book, *Fairgoers Don't Live on Fried Food Alone: 100 Years of Clay County Fair Traditions.* This will be August 30 at 7 p.m. More on that and the other programs as they get closer, but for now, get them on your calendar, you won't want to miss out!

New novels lately include: *Seeing Red* by Sandra Brown, *The Driver* by Hart Hanson, *Watch Me Disappear* by Janelle Brown, *Any Dream Will Do* by Debbie Macomber, *Store* by James Patterson, *Exposed* by Lisa Scotoline, *House of Spies* by Daniel Silva, *The Good Daughter* by Karen Slaughter, *Emma in the Night* by Wendy Walker and *Barely Legal* by Stuart Woods.

New DVDs recently include: *Boss Baby*, *Beauty and the Beast*, *Power Rangers* and *Lost City of Z.*

Where will you be during the solar eclipse on August 21st? We

will not be in the path of totality, but my research says it will be a 92% eclipse in Laurens, IA so that's pretty close! Corrinne



Peterson, Pocahontas County Naturalist will be here the day of the eclipse, August 21st, as we watch from

the City Park. We're calling it the "Total Eclipse in the Park" as a takeoff on the 80's hit by Bonnie Tyler. Bring your lawn chairs & your lunch. We'll provide dessert and the viewing glasses. Mother Nature will do the rest!

August Book Club Choice is *Wild: from lost to found on the Pacific Crest trail* by Cheryl Strayed. This nonfiction book was made into a movie a few years ago but, as often happens, there are significant differences between the two. Our catalog describes it like this, "Traces the personal crisis the author endured after the death of her mother and a painful divorce, which prompted her ambition to undertake a dangerous 1,100-mile solo hike that both drove her to rock bottom and helped her to heal." We've got quite a few copies of this book, so pick one up. Then join the discussion at 7 pm on Monday, August 28th.

**COMING EVENTS**

- Total Eclipse in the Park on August 21 – 11:30 a.m.-2:30 p.m.
- Last "Build a Better World" 1:00 p.m. Wednesday 8/16
- "LegoMania" Every Friday until 8/18 -11 a.m. to 5 p.m.
- Take it Tuesday - 1st Tuesday 6:30 p.m. Open card making!
- Open Scrapbooking – 3rd Tuesday 5-8 p.m.
- Book Club on the 4th Monday at 7 p.m.
- Author Talk – Arla Kintigh *"Fairgoers Don't Live on Fried Food Alone: 100 Years of Clay County Fair Traditions"* August 30 7 p.m.
- Dietician Tuesday, September 19 at 7 p.m.
- Library Foundation's Pancake Supper 5-7 p.m. October 19
- Magician Larry Dunbar on Halloween Night, October 31
- Death Comes for Us All at 7 p.m. November 1

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## *This Week at Bethany Lutheran*

**Wednesday: August 9, 2017**  
7:00 PM ~ Council Mtg.

**Saturday: August 12, 2017**  
8:00AM-1:00 PM ~ Laurens City Wide  
Garage Sales

**Sunday: August 13, 2017**  
**10h Sunday after Pentecost**  
9:00 AM ~ Worship  
10:00 AM ~ Coffee Fellowship  
5:00 PM ~ Youth Board Mtg. at UMC

**Monday: August 14, 2017**  
12:00-1:00 PM ~ Christian Education Mtg.

**Thursday: August 17, 2017**  
9:00 AM ~ Morning Circle

**Friday: August 18, 2017**  
1:30-5:30 PM ~ Laurens Community Blood  
Drive at BLC

*Worship, Love, Accept-  
Together in Christ's Name*



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## *This Week at First Christian Church*

Pastor Rev. Rita Cordell

**Wednesday, Aug. 9**  
1:00 p.m. - Willing Workers

**Friday, Aug. 11**  
7:00 p.m. - AA

**Sunday, Aug. 13**  
9:30 a.m. - Worship followed by coffee  
fellowship

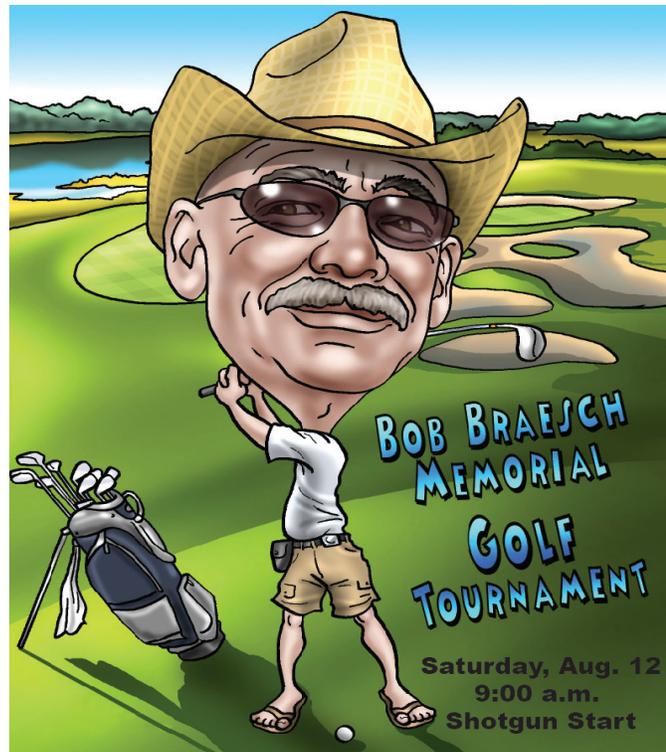


## *This Week at Laurens United Methodist Church*

**Fri., Aug. 11th:**  
Men's Bible Study @ 7 a.m.  
Pastor's Day Off  
Quilt Show

**Sun., Aug. 13th:**  
Adult Sunday School @ 8:30 a.m.  
Worship @ 9:30 a.m.  
Fellowship Coffee @ 10:30 a.m.  
Book Study @ 5 p.m. in the Wesley Room  
Laurens Area Youth Group Board meeting @  
5 p.m. in Fellowship Hall

**Mon., Aug. 14th:**  
Christian Ed/Sunday School @ 7 p.m. in  
Fellowship Hall



**2-Person Best Ball  
18-Hole Tournament**  
Laurens Golf & Country Club

**Prizes Awarded  
\$25 per player  
includes meal**

Register by August 4 to reserve a cart  
(Cart rental not included in price)

**Open to the Public  
Sign up at the Clubhouse  
or  
Call 712-841-2287**



## *Share Time, Words and Intention to Help Children Learn*

Reading and talking to children, even infants and toddlers, is a good way to increase their language skills, says Joy Rouse, a human sciences specialist with Iowa State University Extension and Outreach.

Children begin learning very early in their lives. Infants and toddlers are busy analyzing their world. They're figuring out how they are separate from everything they see. They're beginning to identify objects and routines and who they can depend on for their everyday care. They also are beginning to understand that movements and sounds are used to communicate with others, said Rouse, who specializes in family life issues.

Oral language development begins with social interaction with others, Rouse said. "Infants and toddlers learn language as we talk, from nursery rhymes, telling stories and singing songs. We can have two-way conversations with infants by imitating the sounds

they make and taking turns 'speaking.'"

Make eye contact with the child, and use gestures and other nonverbal communication, Rouse said. "Talk about what you are doing like a play-by-play sportscaster. Describe what you and others are doing, as well as daily routines."

Reading shows children that written words have meaning. It also promotes listening and speaking, which are part of oral language development. Reading to children introduces new words and helps them develop a larger, more complex vocabulary.

"This is important because by the age of three, children should be learning at least 2,500 new words each year. Reading and talking about a variety of topics will help children understand more about their world, Rouse said.

Rouse offers the following tips for sharing books with infants and toddlers:

- Read as long as the child is interested.
- Talk or sing about the pictures.
- Let the child turn the pages if he or she can.
- Skipping pages is acceptable until the child knows the book better than you do.

- Run your finger along the words as you read.

- Use your voice to create interest in the characters.

- Relate your own family or community to what is happening the story.

- Let the child tell the story and have fun.

"The gifts of presence, time, words, print and intention are important as we share language and literacy with infants and toddlers. Intention turns a routine activity into a pleasant playtime that also is educational," Rouse said.

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## *Grocery Store Tour in Humboldt County*

Humboldt County Extension and Outreach will be holding Grocery Store Tours with Fareway in Humboldt. A guided grocery store tour teaching skills for buying healthy foods on a budget. Want to save money at the store? Want to buy healthy food for your family? Need some tasty and healthy recipes? If you said yes, come join us for a free guided grocery store tour. During the hour tour, you will practice skills like buying fruits and vegetables on a budget, comparing unit prices to find bargains, reading and comparing food labels, identifying whole grains, and sticking to your budget! After the tour you will receive: FREE \$10.00 worth of healthy groceries of your choice using the skills you learned on the tour, a book full of tasty recipes, simple tips on buying healthy, and a reusable grocery bag.

The Grocery Store Tours will be held on August 10, 15, and 17 at these times 10:00 am, 1:00 pm, and 5:00 pm at the Humboldt Fareway (New Location) 1700 10th Ave. N. Hwy 3 W.

To sign up, please call the Humboldt County Extension and Outreach Office at 515-332-2201 or email [hfrerk@iastate.edu](mailto:hfrerk@iastate.edu). When registering make sure to tell the date and time you would like!

## *Cover Crop Meeting in Humboldt – August 14*

The Iowa Seed Corn Cover Crops Initiative will be hosting a meeting in Humboldt on the morning of August 14, 2017. “Setting up for Success with Cover Crops” will be an informative, peer-sharing event, with time set aside for an open discussion revolving around cover crops, soil health, & conservation. This event is free and includes a complimentary lunch.

Robert Lynch is one of Iowa’s Cover Crop Champion commissioners, and will be sharing his experience of using cover crops for the past several years. Doug Adams works with the Natural Resources Conservation Service, and uses cover crops and other conservation practices on his own farm. Angie Rieck-Hinz, the Region 3 (north-central) Area Agronomist for Iowa State University Extension & Outreach, will share some tips on making sure your herbicide program and cover crops are compatible; and local businesses that provide cover crop & soil health services will be on-site to share their knowledge. RSVP suggested, but not required, to: Shannon Moeller: 641/861-2280, [shannon.moeller16@gmail.com](mailto:shannon.moeller16@gmail.com)

This will be held at the Humboldt County Fairgrounds, 311 6th Ave North, Humboldt from 9:00 a.m.-1:00 p.m.

The Iowa Seed Corn Cover Crops Initiative-developed by the Iowa Seed Association and Agribusiness Association of Iowa- is funded by a 3-year Water Quality Initiative (WQI) grant through the Iowa Department of Agriculture and Land Stewardship (IDALS). This project offers cost-share to seed corn growers and educational efforts specifically to increase the adoption of cover crops on seed corn production acres in Iowa. In the first year (2016), 175 seed corn growers in 24 counties participated, covering about 32,000 acres.

## *Women, Land & Legacy Buena Vista & Pocahontas Counties*

Women, Land, and Legacy Buena Vista and Pocahontas Counties will be holding a Learning Session on Pasture Condition Scoring with ISU Extension and Outreach Beef Specialist, Beth Doran, on Thursday, August 24, 2017.

It will be held on at Chance Ferguson’s Farm (40153 140th Ave. Laurens, IA). To register, please contact ISU Extension and Outreach Pocahontas County Program Coordinator, Holly Frerk, at 712-335-3103 or email [hfrerk@iastate.edu](mailto:hfrerk@iastate.edu).

## *Yard and Garden: Handling Problems With Landscape Trees*

Trees add value and beauty to any landscape, and can provide shade, protection and much more. When they're afflicted with unknown ailments, there's natural reason for concern. What can be done?

ISU Extension and Outreach horticulturists can help answer your questions about issues with trees. To have additional questions answered, contact the ISU Hortline at 515-294-3108 or [hortline@iastate.edu](mailto:hortline@iastate.edu).

**My sycamore tree is losing chunks of bark. Is something wrong with the tree?** Shedding bark on some trees is a completely normal development. The bark of most young trees is smooth and thin. As the tree grows, the bark layer thickens with the outermost tissue eventually dying. Continued growth pushes the bark outward, sometimes causing the outer layers to crack. On some trees, the outer dead layers peel and drop off, revealing the inner layers of bark.

Shedding or peeling bark is characteristic of trees such as sycamore, redbud, paperbark maple, shagbark hickory and birch. The grayish brown bark on a large sycamore tree, for example, flakes off in irregular blotches, revealing a cream or whitish gray inner bark. The loss of the outer layers of bark on sycamores is completely normal.

**A tree in my yard is producing suckers. Is there a way to stop the tree from suckering?** Aspen, white poplar, chokecherry, black locust, Kentucky coffeetree, persimmon and several other trees send up shoots or suckers from their roots. In their natural habitat, suckering trees form colonies. Unfortunately, nothing can be done to prevent these trees from suckering.

The best way to deal with sucker growth is to periodically remove them at ground level with a pruning shears. Mowing them off with lawnmower is also effective, but the sharp-pointed stubs might be a safety hazard to children playing in the yard. Herbicides should not be applied to the suckers as a herbicide may damage or kill the sucker-producing tree.

**There are wart-like growths on the undersides of the leaves on my hackberry. What are they?** The wart-like growths on the hackberry leaves are galls. Galls are abnormal growths of plant tissue induced to form by mites, insects or other small organisms. They are common on many trees.

The gall found on hackberry leaves is referred to as the hackberry nipple gall. The gall is induced to form by a gnat-like psyllid. The hackberry nipple gall is so common on hackberries that its presence can be used to identify the tree.

While galls may be unsightly, they do not cause serious harm to healthy trees. Preventive insecticide treatments are not necessary.

## *Beef Quality Assurance Workshop Offers Certification for Northwest Iowa Producers*

Major beef packers are requiring that feedlot producers who sell cattle to their plants must be Beef Quality Assurance certified. To help northwest Iowa cattle producers accomplish this, Iowa State University Extension and Outreach, the Iowa Beef Center, Iowa Beef Industry Council and Iowa Cattlemen's Association are co-sponsoring a BQA workshop on Tuesday, Aug. 29 at the ISU Extension and Outreach Sioux County office from 10 a.m. to noon.

ISU Extension and Outreach beef specialist Beth Doran said that while the certification is mandatory for producers in order to sell to packers, the information producers receive from the BQA session is valuable in and of itself.

"Consumer surveys indicate that consumers want to know how the beef they eat is raised," Doran said. "The BQA program addresses this and provides best management practices regarding cattle care and handling, management of feed ingredients and medication, biosecurity and record keeping."

Other topics featured at the workshop include feedlot self-assessments, current and future trends in beef production, and results from the 2016 National Beef Quality Audit. This audit focused on cattle transportation, animal identification, carcass quality and animal well-being. One message from the audit was consistent and important – BQA is an important strategy to increase consumer confidence.

Workshop participants will obtain their BQA certification, which will be effective three years from the training date. To maintain integrity of the BQA program, all BQA certification in Iowa is administered by the Iowa Beef Industry Council.

There is no cost to attend the workshop, but participants are encouraged to preregister to assure adequate materials by contacting Doran by phone at 712-737-4230 or [doranb@iastate.edu](mailto:doranb@iastate.edu).

July 26, 2017

The Utility Board of Trustees of Laurens, Iowa met in regular session at the Municipal Building, 272 N. Third Street, Laurens, Iowa, at 11:30 a.m. on the above date. Present were Trustees Jerry Runneberg and Ben Storms. Absent was Trustee Richard Main. Also present was General Manager Chad Cleveland.

The agenda for the July 26, 2017 meeting stands approved as presented.

Motion by Trustee Runneberg and seconded by Trustee Storms to approve the minutes of the June 23, 2017 meeting. Ayes: All. Nays: None. Motion carried.

Motion by Trustee Storms and seconded by Trustee Runneberg to approve the summary of receipts for June 2017 in the amount of \$311,548.69 and the list of expenses for June 2017 in the amount of \$438,404.57. Ayes: All. Nays: None. Motion carried.

### Summary of Receipts

A/R Electric	\$ 204,870.72		
A/R Communications	\$ 63,957.76		
Carrier Access Fees	\$ 6,232.89		
Write off Recovery - Electric	\$ 580.02		
Write-off Recovery - Communications	\$ 582.56		
Electric Deposits	\$ 1,830.00		
Internet Deposits	\$ 55.00		
Marathon Energy Sales	\$ 9,909.63		
Marathon Loan – Principal Payment	\$ 1,131.74		
Marathon Loan – Interest Payment	\$ 451.78		
Merchandise/Services Electric	\$ 597.00		
Merchandise/Services Communications	\$ 180.00		
Tower Lease	\$ 900.00		
Attachment H Revenues	\$ 19,838.38		
Electric Office Supplies	\$ 90.00		
Miscellaneous Telephone	\$ 56.00	Electric Receipts	\$ 239,299.27
Miscellaneous Cable TV	\$ 285.21	Communications Receipts	\$ 72,249.42
Total Cash Receipts	\$ 311,548.69	Total Cash Receipts	\$ 311,548.69

### List of Expenses

A & M Laundry	Dust Mops & Mats	\$ 127.92
Advanced Control Systems	SCADA System Support	\$ 1,178.32
AFLAC	Employee Contributions	\$ 227.40
Alliant Energy	Natural Gas	\$ 265.38
Associate Partners	Pre-Equalization Annual Support	\$ 295.00
Aureon	CALEA/SS7/Switching	\$ 159.89
Aveis	Group Vision Insurance	\$ 114.52
Bailey, David	Supplies	\$ 59.95
Bankers Trust	Bond Interest Payment	\$ 91,085.00
Big 10 Network	Programming Fees	\$ 1,239.50
Border States Electric	Line Maintenance Supplies	\$ 1,917.90
BSG Clearing Solutions	LECC Invoice	\$ 46.55
Century Link Access	Transport Fees	\$ 551.12
Century Link Lexcis	Directory Listings	\$ 54.56
Cleveland, Chad	Reimbursement/Domain Renewals	\$ 123.88
Consortia Consulting	Consulting Contract	\$ 1,062.50
Counsel	Lanier Copier Support	\$ 35.64
Crescent Electric	Supplies	\$ 24.30
Customers	Deposit Refunds	\$ 523.00
Dakota Riggers	Supplies	\$ 48.21

Department of Energy	WAPA Power Bill	\$ 29,334.36
DGR Engineering	Engineering Fees	\$ 396.00
Echo Group	Supplies	\$ 995.59
Employee Benefit Systems	Self-Funding Claims	\$ 261.72
Employee Benefit Systems	Administration Fees	\$ 120.00
First Cooperative	Supplies	\$ 217.05
Fox Sports Net North	Programming Fees	\$ 1,660.00
Grainger	Supplies	\$ 101.11
Hearst Television	Programming Fees	\$ 722.68
Horsetech	UPS Shipping Fees	\$ 7.72
ICMA Retirement	Employee Contributions	\$ 1,200.00
Internal Revenue Service	Payroll Taxes	\$ 13,142.78
Iowa Department of Revenue	Sales Tax	\$ 7,161.00
Iowa Department of Revenue	State Withholding	\$ 2,324.00
Iowa One Call	Locates	\$ 29.70
Iowa Public Employees Retirement System	IPERS Contributions	\$ 7,652.20
Kriz Davis Company	Meter Sockets/Elbows	\$ 609.47
KTIV	Programming Fees	\$ 1,343.30
Laurens, City of	Utility Billing	\$ 89,007.35
Laurens, City of	Cable TV Franchise Fees	\$ 15,083.29
Laurens Equipment	Parts	\$ 15.60
Laurens Food Pride	Supplies	\$ 14.26
Laurens Municipal Power & Communications	Communications Bill	\$ 287.83
Laurens Municipal Utilities	Utility Bills	\$ 169.24
Laurens State Bank	Service Charges	\$ 34.64
Laurens Sun	Publications	\$ 399.50
Library of Congress	SA1 Royalty Licensing Fees	\$ 67.00
Long Lines	Telephone/Internet/Billing Fees	\$ 15,184.61
Merchant Bankcard	Credit Card Processing Fees	\$ 44.96
Messenger	Advertising	\$ 90.00
MidAmerican Energy	Neal 4 Operations	\$ 47,000.00
National Cable Television Cooperative	Programming Fees/Equipment	\$ 16,278.92
Newgard Auto Parts	Vehicle Supplies	\$ 290.28
Nexstar Broadcasting	Programming Fees	\$ 1,862.80
NIMECA	Power Bill	\$ 16,987.40
Norsolv	Norsolv Service	\$ 169.01
Norgaard Sand & Gravel	Landscape Rock – City Hall	\$ 767.90
Payroll	Salaried, Hourly & Overtime	\$ 34,145.82
Pivotal Payments	Credit Card Processing Fees	\$ 190.77
Professional Computer Systems	Cybernetics Annual Renewal	\$ 1,650.00
Pocahontas Equipment	Parts	\$ 47.45
Pop Media	Programming Fees	\$ 654.87
Prins, Reid	Meeting Expenses	\$ 16.46
Pro Cooperative	Fuel	\$ 419.02
R & D Industries	Network Support	\$ 920.00
R.B. Lumber Company	Supplies	\$ 110.78
RFD TV	Programming Fees	\$ 7.82
Richardson's Service	Tires – Ford Van	\$ 722.72
Rovi Guides	Programming Fees	\$ 626.94
Secure Shred Solutions	Paper Shredding	\$ 46.00
Sinclair Broadcast Group	Programming Fees	\$ 901.43
Spencer Municipal Utilities	Programming/Transport Fees	\$ 1,736.76
Sonksen, Karla	Supplies	\$ 32.50
Stuart C. Irby	Fibercrete Box Pad/Supplies	\$ 3,502.84
Tower Distribution Company	Programming Fees	\$ 818.80
Town & Country Floral	Flowers – Mohr Funeral	\$ 55.00
T.P. Anderson & Company	Audit Report & Filing	\$ 8,000.00

Tulsat Nebraska		Equipment Maintenance	\$ 1,505.30
Verizon Wireless		Wireless Service	\$ 271.00
Wellmark Blue Cross Blue Shield		Health Insurance Premiums	\$ 8,701.89
WSI Corporation		Programming Fees	\$ 2,367.72
Zcorum		Cable Modem Provisioning	\$ 778.87
		Total	\$ 438,404.57
Electric Expenses	\$ 349,561.31		
Communications Expenses	\$ 88,843.26		
Total Expenses	\$ 438,404.57		

The Trustees reviewed the Utility Funds Report and the Income Statement for June 2017. Motion by Trustee Runneberg and seconded by Trustee Storms to approve the purchase of a \$200,000 CD and a \$100,000 CD from Laurens State Bank for the term of 12 months with an interest rate of 1.40%. Ayes: All. Nays: None. Motion carried.

Motion by Trustee Storms and seconded by Trustee Runneberg to approve the Audit for calendar year 2016 prepared by T.P. Anderson & Company. Ayes: All. Nays: None. Motion carried.

Discussion was held on the current rates charged for Internet, Telephone and Cable TV services. Trustee Runneberg introduced the following Resolution entitled "RESOLUTION AMENDING THE RATES CHARGED FOR SERVICES OF THE LAURENS MUNICIPAL BROADBAND COMMUNICATIONS UTILITY" and moved for adoption. Trustee Storms seconded the motion to adopt. The roll was called and the vote was: Ayes: Runneberg and Storms. Nays: None.

Chairman Pro Tem Storms declared the resolution duly adopted as follows:

**A RESOLUTION AMENDING THE RATES CHARGED FOR SERVICES OF THE LAURENS MUNICIPAL BROADBAND COMMUNICATIONS UTILITY**

WHEREAS, pursuant to an election held in the year 1997, the Municipal Broadband Communications Utility in and for the City of Laurens, Pocahontas County, Iowa was established; and

WHEREAS, pursuant to an election held in the year 1997, the management and control of the Laurens Municipal Broadband Communications Utility was put in the hands of the Board of Trustees; and

WHEREAS, the Board of Trustees may, by resolution, establish, impose, adjust and provide for the collection of rates to be charged for the use of communication services provided by the Laurens Municipal Broadband Communications Utility.

NOW THEREFORE, BE IT RESOLVED by the Board of Trustees of the City of Laurens, Pocahontas County, Iowa that the new rates for communication services shall go into effect on September 1, 2017 and shall be as follows:

**INTERNET SERVICES:**

8 Mbps / 1 Mbps (cable modem)	\$ 38.00 a month
15 Mbps / 1 Mbps (cable modem)	\$ 48.00 a month
30 Mbps / 3 Mbps (cable modem)	\$ 65.00 a month
50 Mbps / 5 Mbps (cable modem)	\$ 85.00 a month
100 Mbps / 10 Mbps (cable modem)	\$125.00 a month
Secured Wireless Network	\$ 3.00 a month
Special circuits	call us for a quote

**CABLE TV SERVICES:**

Basic Cable	\$30.00 a month
Expanded Basic Cable	\$70.00 a month
Digital Basic Cable	\$31.00 a month

Digital Gateway	\$ 3.00 a month
HD Gateway (includes HD Basic channels)	\$10.00 a month
HD/DVR Gateway (includes HD Basic channels)	\$15.00 a month
Additional HD/DVR Gateway	\$10.00 a month
HBO	\$18.00 a month
Cinemax	\$15.00 a month
Starz	\$12.00 a month
City Franchise Fee	5.00% on Cable TV services

TELEPHONE SERVICES:

Residential Phone Line	\$10.00 a month
Business Phone Line	\$25.00 a month
LMPC Long Distance	\$ 0.12 a minute
Residential Unlimited Long Distance	\$15.00 a month
Business Unlimited Long Distance	\$25.00 a month

A Triple Play Discount will be provided if you subscribe to all three communication services (Internet, Cable TV & Telephone).

- If you have Basic Cable TV, then the Triple Play Discount will be \$5.00.
- If you have Expanded Basic Cable TV, then the Triple Play Discount will be \$10.00.

OTHER PROVISIONS:

**PENALTY:** The communication services bill shall be due and payable upon receipt. If the communication services bill is not paid by the 20th day after billing, a late payment fee of 1.5% of the balance due will apply. If said 20th day after billing falls on a Saturday, Sunday or holiday, the deadline for payment without penalty will be extended to the next working day.

**DELINQUENT NOTICE:** A \$5.00 charge will be incurred on all delinquent accounts that require the preparation and delivery of a delinquent notice.

**24-HOUR DISCONNECT NOTICE:** A \$15.00 charge will be incurred on all delinquent accounts that require the preparation and delivery of a 24 hour disconnect notice.

**SALES TAX:** Sales tax will be added to all communication services bills so as to be in compliance with the provisions of the laws of Iowa.

**RECONNECTION FEES:** If a customer, whose service has been disconnected, either by his/her order or by reason of delinquency, requests a reconnection of such service within twelve (12) months of the time of disconnection, a reconnection charge shall be collected.

The reconnection charge shall be as follows:

Residential Internet	\$ 10.00
Residential Cable TV	\$ 10.00
Residential Telephone	\$ 10.00
Business Internet	\$ 25.00
Business Cable TV	\$ 25.00
Business Telephone	\$ 25.00

This resolution shall be effective September 1, 2017 upon approval and publication as provided by law.

Passed and approved this 26th day of July 2017 by the following vote:

Ayes: Runneberg and Storms      Nays: None

Ben Storms  
Chairman Pro Tem, Board of Trustees

ATTEST:

Chad Cleveland  
Secretary, Board of Trustees

Discussion was held on updating the City's network firewall. R & D Industries provided us with a proposal to purchase a new firewall or to purchase a managed firewall. Motion by Trustee Storms and seconded by Trustee Runneberg to purchase the managed firewall from R & D Industries. The cost for the managed firewall is \$200 a month. There is a one-time fee of \$399 for the configuration and installation of the managed firewall. LMPC and the City will share the cost for this service. Ayes: All. Nays: None. Motion carried.

Discussion was held on participating in the purchase of power from potential renewable energy projects through NIMECA. One of the projects is a solar farm and the other is a wind farm. No specific action was taken.

There being no further business, on motion and vote, the meeting adjourned at 1:00 p.m.

Ben Storms  
Chairman Pro Tem, Board of Trustees

ATTEST:

Chad Cleveland  
Secretary, Board of Trustees

## LAURENS-MARATHON ELEMENTARY SCHOOL ~ 2017-2018 ~ SCHOOL SUPPLIES

### L-M PRESCHOOL

- (1) Pair of Tennis Shoes for gym
  - (1) Package of Hair Ties for girls
  - (1) Full-sized Book Bag
  - (1) Extra set of clothing (shirt, pants, underwear, & socks)
- PLEASE MARK EACH INDIVIDUAL ITEM WITH CHILD'S NAME (CLOTHING ALSO)

### TK & KINDERGARTEN

- (1) Pair of P.E. Tennis Shoes
  - (10) #2 Pencils (NO mechanical pencils)
  - (2) Large Erasers
  - (3) Boxes of Kleenex (200 count)
  - (1) Tub of Clorox Wipes
  - (2) Fine point dry erase markers
  - (1) Highlighter
  - (1) Bottle of glue
  - (2) Stick glue
  - (1) Box of Crayons (No more than 24 count)
  - (1) set of Classic colored markers
  - (1) Pencil box
  - (1) Set of headphones
- Book Bag  
Scissors
- PLEASE MARK EACH INDIVIDUAL ITEM WITH CHILD'S NAME (CLOTHING ALSO)

### FIRST GRADE

- Pencil Box (No bigger than about 6"x 9")
  - (3) Double-Pocket Folders (with NO fasteners and NO plastic folders)
  - (20) #2 Pencils (NO mechanical pencils)
  - (6) Large Erasers
  - (2) Large Boxes of Kleenex
  - (2) Large containers of Clorox disinfectant wipes
  - (3) Glue Sticks
  - (1) - 8 oz. Bottle of School White Glue
  - (1) - 7.5" x 10" Canvas Zipper Bag with Clear Front
  - (1) Pair of Tennis Shoes for P.E.
  - (4) Dry erase markers
  - (1) Box quart size Ziploc bags
  - (3) Wide-lined (1 subject) Spiral Notebooks
  - (1) Box of Crayons
  - (1) box of CLASSIC colored markers
  - (1) Book bag
  - (1) pair of scissors
  - (1) set of headphones
- PLEASE MARK EACH INDIVIDUAL ITEM WITH CHILD'S NAME (CLOTHING ALSO)

### SECOND GRADE

- (20) #2 Pencils
  - (4) Medium or Large Erasers
  - (4) Glue Sticks
  - (4) Dry Erase markers & 1 SOCK (To use as an eraser and store the markers)
  - (4) Double Pocket Folders
  - (2) Large Boxes Kleenex
  - (1) Container of Clorox Wipes
  - 1 pair of tennis shoes for P.E.
  - (1) Box of quart-sized Ziploc bags
  - (3) Wide-Lines spiral notebooks
  - Supply Box (No bigger than about 6"x9")
  - (2) Pack of Crayons (24 Count) Basic Colors
  - Scissors
  - (1-2) Pack of Markers Basic Colors
  - Book Bag (Bring Daily)
  - 1-2 Pair of Headphones
- PLEASE MARK ALL ITEMS WITH CHILD'S NAME (CLOTHING ALSO)

### THIRD GRADE

- (1) Backpack
  - (1) Box Snack Sized Baggies
  - (1) Ruler
  - (1) Pack of 4 Glue Sticks-No Liquid Glue
  - (3) Boxes of 12 count pencils
  - (4) Wide-lined spiral notebooks
  - (1) Scissors
  - (4) Double pocket folders
  - (1) Large box of tissues (200 count)
  - (1) Pencil case or box
  - (2) Boxes of 24 count crayons
  - (1) Pair of tennis shoes for PE
  - (1) Box of markers
  - (1) Four pack of dry-erase markers
  - (1) Pair of headphones or earbuds for iPads\*must have!
  - (1) Composition Notebook, that is used to write down notes to be sent home \*must have
  - (1) Canister of Sanitizing Wipes (50 count or more)
- PLEASE MARK EACH INDIVIDUAL ITEM WITH CHILD'S NAME (CLOTHING ALSO)

**LAURENS-MARATHON ELEMENTARY SCHOOL ~ 2017-2018 ~ SCHOOL SUPPLIES**

**FOURTH GRADE**

(20) #2 pencils (not mechanical)  
(1) Large eraser  
(4) Dry erase markers  
Zipper Case for Pencils  
Box of colors (24 count)  
(1) Composition notebook  
(4) Spiral notebooks (wide-lined)  
(6) Double-pocket folders (no fasteners)  
OR (1) Expandable folder and (2) Pocket folders  
(1) Bottle glue or (2) Glue sticks  
(2-3) Large boxes of Kleenex  
(1) pair of earbuds or headphones  
(1) container of disinfecting wipes OR (1) box gallon baggies  
(1) Pair of Tennis Shoes for P.E.  
Scissors  
Markers (optional)  
Colored Pencils (optional)  
Assignment Notebook (\$2.00 Purchased at Registration) Students must have this one!  
**\*\*NO Trapper Keepers Please!**  
PLEASE MARK ALL ITEMS WITH CHILD'S NAME  
(CLOTHING ALSO)

**FIFTH GRADE**

(2) Composition Notebook  
(3) Spiral Notebooks (red, blue, yellow)  
(4) Highlighters (4 different colors)  
(4) Dry erase markers & 1 sock (To use as an eraser)  
(3) Large box of Kleenex  
(1) 1 box of quart-sized Freezer Zip-loc baggies  
(4) Double-Pocket folders w/brads (colors: red, blue, yellow, green)  
(1) Bottle of white glue or (3) glue stick  
(2) Correcting pen (any color except black)  
(1) Box of crayons (no larger than 24 count)  
(1) Set of markers  
(1) Package of Post-it-Notes  
Scissors  
(20) #2 Pencils (and/or mechanical pencils)  
Zipper Case for pencils  
Large Eraser  
(1) pair of earbuds or headphones  
(1) Pair of tennis shoes for P.E.  
(1) container of disinfecting wipes  
Assignment Notebook (\$2.00 Purchased at Registration) Students must have this one!  
**\*\*No Trapper Keepers**  
PLEASE MARK ALL ITEMS WITH CHILD'S NAME  
(CLOTHING ALSO)