

# The Paper

Our Town, Our Paper!



Laurens, Iowa



Vol. 10 No. 19

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September 7,  
2016

*Local News*

## *Pocahontas County Extension and Outreach Participates in Pocahontas Farmers Market*



Iowa State University Extension and Outreach Pocahontas County partnered with Pocahontas County Public Health to receive the Iowa Department of Public Health Grant.

Pocahontas County Extension and Outreach was awarded a portion of the grant to provide Health and Nutrition Education to people in the county.

ISU Extension and Outreach Health and Nutrition Specialist, Katie Knobbe, provided demonstrations on "How To's With Fresh Garden Produce" on June 29, July 27th, and August 24th.

Each demonstration showed how to use fresh vegetables in meals. Cucumber dip, pasta salad with fresh vegetable and herbs, and fresh salsa was made and could be taste tested by people.

Along with the food demonstration, goodie bags were handed out. Those who stopped by the ISU Extension and Outreach tent received a reusable bag with a vegetable peeler, vegetable brush, and cutting mat.



*Upper Des Moines Opportunity, Inc.*  
*Helping People ~ Changing Lives*



**SIGN UP TODAY!**

**Sunday, Sept. 25 - 2:00 p.m.**

**Hope United Methodist**

**306 2nd Ave NW - Pocahontas**

If you are interested in participating in the UDMO Walk this year there is sign up sheet along with sponsorship forms & envelopes at the Laurens United Methodist Church (table in the narthex) located at 201 W. Main St., Laurens.

You can chose to walk/run either a 1K, 3K or 5K.

All proceeds go towards UDMO programs and the Laurens Food Pantry.

There will be refreshments served at the end of the walk at the Upper Des Moines Opportunity building.

If you have any questions, please contact Pastor Jerry Miller @ 712-335-3663.

VACANCY  
LAURENS-MARATHON CSD 2016-2017

***Custodian/Bus Driver***

Must be able to lift up to 40 lbs  
Maintenance experience preferred  
CDL with passenger required or willing to obtain

Interested applicants need to send a resume/application to:

Jeff Kruse, Superintendent,  
Laurens-Marathon CSD

300 W Garfield St, Laurens, Iowa 50554

Position will be opened until filled

E.O.E/AA

The City of Laurens, IA (population 1,258) is taking applications for the position of:

***City Manager/City Clerk***

The City Manager/City Clerk answers to the Mayor and five (5) member council. The qualified candidate will possess a strong financial background in accounting and budgeting; as well as be willing to be involved in the community. Preference will be given to those applicants that possess the Iowa Municipal Clerk Certification.

Salary \$40,000-\$50,000 depending on the qualifications. The City offers a full benefit package including 100% family health coverage paid by the City.

Interested applicants should send a cover letter, resume and three (3) work related references to Barb Smith, City Manager, City of Laurens, 272 N 3rd St, Laurens, IA 50554; or e-mail to [citymaqnagersearch@gmail.com](mailto:citymaqnagersearch@gmail.com) before September 16, 2016. Position will remain open until filled.

*The City of Laurens is an equal opportunity employer.*





**Laurens United Methodist Church**

**Fall Worship Schedule begins  
Sunday, September 11th**

**Sunday School KICK OFF @ 9:10am**

**Fellowship Coffee @ 9:30 am**

**Worship @ 10:30 am**

**Please join us!**

## **The Paper**

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Donation page: <https://www.youcaring.com/residents-of-laurens-501476>  
-Sending a Tax Deductible  
Donation to:

Laurens Pool Project, c/o City of Laurens,  
272 North 3rd Street, Laurens, IA 50554  
-Dropping it off at City Hall

Like us on Facebook: [Laurens Pool Project](#)  
[www.laurens-ia.com](http://www.laurens-ia.com)

## **Laurens Women's Club to Meet**

The Laurens Women's Club will meet on Friday, September 9 at 1:30 p.m. at the Laurens Public Library. The program will be "Ku Klux Klan Revisited" presented by Don Beneke. Members of the serving committee will be Anne Walstead and Betty VanHorsen.



**Midwest Chow**  
**Wagon Food Truck**

Monday-Friday  
11 a.m.-1:30 p.m.  
Hwy 10 Hardware Lot  
Find our daily specials  
on Facebook or on  
Channel 2!

## *Bridal Shower*

Let's shower the bride! A come and go bridal shower for Brynn Larson will be held on Saturday, Sept. 17 from 10 a.m.-noon at West Iowa Bank in Laurens.

Brynn is registered at The Sugar Bowl in Storm Lake, Target and Kohl's.

Please bring your favorite recipe to share with Brynn.



Laurens 712-841-4930  
Spirit Lake 712-336-9111  
Toll Free 877-849-1756

**Special for**  
**Friday, September 9<sup>th</sup>**  
**is salmon dinner or**  
**order off our full menu!**

**Serving begins at**  
**5 p.m.**

**Bring a friend and join**  
**us for supper!**



*Our Town Our Paper!*

## *Real Estate Taxes Are Due*

First half real estate, mobile home, drainage and special assessment taxes are due September 30, 2016. After September 30, 2016, interest of 1-1/2% per month will apply to any unpaid taxes.

Please provide the payment stubs from the tax statements received in August to insure proper credit.

You may also deposit your payments in the Pocahontas County payment drop-box, which is located at the east exit driveway of the north courthouse parking lot.

You may also pay online at [www.iowatreasurers.org](http://www.iowatreasurers.org) by using a credit card or e-check.

*Thank you for your payment!*

*Sarah Winkler, Pocahontas County Treasurer*

## *Iowa Permit To Carry Weapons Class*

There will be an Iowa Permit to Carry Weapons Class on Saturday, September 17 from 8-11 a.m., at the Ruthven Community Center.

Cost is \$50 per person. Call or text Brad if interested: (712) 260-2204. 4

### At the Library with Glenda Mulder September 7, 2016

We are getting into the swing of the school year right along with the kids. Last week I went up to the middle school classes for book talks. I brought some of the new and the hot reads they may not have seen over the summer. It was fun to see the students get excited about some of the selections – some even made lists of the titles that interested them! We will be getting our schedule set with the elementary class visits, too. Ahhh Fall!

Another great sign of Fall - we will be restarting our card making classes this month! We will be meeting the 4th Tuesday of the month at 6:30 p.m. September theme will be sympathy cards. Class size is limited, so preregistration is necessary! The cost to make 3 cards is still just \$5. Stop at the Library to see samples of the cards we will be making and to sign up!

New nonfiction this week includes *The Happy Medium: Life lessons from the other side* by Kim Russo. Novels include *Three Sisters*, *Three Queens* by Philippa Gregory, *Stripped Bare* by Shannon Baker, *Because I'm Watching* by Christina Dodd, *Manitou Canyon* by William Kent Krueger, *Always a Cowboy* by Linda Lael Miller, *Last Days of Night* by Graham Moore, *The Boy Made of*

*Blocks* by Keith Stuart and *Another Brooklyn* by Jacque Woodson.

Our Book Club choice for September is “*One Summer: America 1927*” by Bill Bryson. Our cataloging system describes this nonfiction work this way, “Recounts the story of a pivotal cultural year in the United States when mainstream pursuits and historical events were marked by contributions by such figures as Charles Lindbergh, Babe Ruth, and Al Capone.” I’ve been sticking to my reading plan of reading a chapter each evening while riding my exercise bike. I hope to continue it! Pick up a copy of this book and join the discussion at 7 p.m. Monday, September 26. You can read it from your chair if you prefer!

#### Upcoming Events

- Card making Tuesday, September 27 at 6:30 p.m.
- Book Club is 4th Monday of every month at 7 p.m.
- Meet Your Pocahontas County Candidates October 3

### 90th Birthday!

Please participate in a card shower for Sadie Challand’s 90th Birthday on September 18th.

Please send cards to 217 S. 3rd, Laurens, IA 50554

### Baby Shower

A baby shower for Nora Gwen Ganeff, daughter of Brad and Brittany (Anderson) Ganeff will be held on Wednesday, September 21st at 6:30 p.m. at the First Lutheran Church in Marathon.

They are registered at Target.



### Baby Shower

A come and go baby shower in honor of Ashley Leuer will be held on Saturday, October 1 from 9:30 to 11 a.m. at West Iowa Bank Community Room, 202 W. Main Street, Laurens.

Ashley is registered at Target.

## *Services Held for Gwen Marie Howe*

Gwen Marie Howe, the daughter of John William and Mary Pearl (Rose) Lane, was born September 11, 1929 in Webb, Iowa. She grew up on a farm near Webb where she received her education, graduating from Ayrshire High School in 1947.

Gwen married Gale Howe on September 3, 1949 at the Little Brown Church in Nashua, Iowa. After their marriage, they lived on a farm NE of Marathon, IA for 27 years. Throughout her life, she worked at the grocery store and was a bartender in Marathon for many years. She also worked in different area cafes until moving to Sibley, IA. They lived in Sibley for 35 years where she worked at a drug store for 4 years. She later moved to Spirit Lake, IA for 13 years and



had resided in Spencer until the time of her death. She was an active member of the First Reformed Church in Sibley. Gwen enjoyed bowling where she was a member of two area leagues.

She passed away at the Spencer Hospital on Tuesday, August 30, 2016 at the age of 86.

Gwen was preceded in death by her husband, Gale in October of 1996; two sisters: Velda Wolff and Helen Brinkley; one sister-in-law, Martha Harold; one brother,

Burdette Lane; two sisters-in-law: Alene "Toodie" Reese and Marion Howe and five brothers-in-law: Kenneth Reese, Nyle Howe, Trevor Howe, Earl Wolff and Byron Brinkley.

Left to cherish her memory are her two daughters: Candi Clark of Spencer and Coni Miller of Anthon, IA; two grandchildren: Griffin and Trenton; two sisters: Erma Westercamp of Newton and Garnet (Robert "Chris") Vierow of Albert City, IA; one sister-in-law, Evelyn Howe of Roland, IA;

other relatives and friends.

A memorial service was held at 2 P.M., Friday, September 2, at the Warner Chapel in Spencer. Visitation was held one hour prior to the memorial service.

Burial will be held at a later date.

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*Grace Lutheran Church Marathon, Our Savior's Lutheran Church Albert City & St John Lutheran Church Rural Albert City*

Pastor John Mayer

Saturdays 5 p.m. Worship Service @ Grace Lutheran Church - Marathon

Sundays 10:30 a.m. Worship @ Our Savior's Lutheran Church - Albert City

Sundays 9:00 a.m. @ St John Lutheran Church Rural - Albert City

*This Week at First Christian Church*

Pastor Rev. Rita Cordell

**Wednesday, Sept. 7**

1:00 p.m. - Willing Workers  
7:00 p.m. - Mission Council

**Thursday, Sept. 8**

2:00 p.m. - Coffee with Pastor

**Friday, Sept. 9**

7:00 p.m. - AA

**Sunday, Sept. 11**

9:30 a.m. - Sunday School  
10:30 a.m. - Worship  
6-8 p.m. - Youth Group Kick off at First Christian Church

*Biggest Little Paper In Town!*

*This Week at Bethany Lutheran*

**Wednesday: September 7, 2016**  
4:30 AM ~ IMD Mtg.

**Sunday: September 11, 2016**  
**Seventeenth Sunday after Pentecost**  
**WORSHIP TIME CHANGE TODAY**  
9:00 AM ~ Rally Sunday w/root beer floats  
1st day of SS & Confirmation  
9:15 AM ~ Coffee Fellowship  
10:30 AM ~ Worship w/Teacher Installation  
4:00 PM ~ Laurens Care Center  
6:00 PM ~ Laurens Area Youth Group  
"Kick-Off" at FCC

**Monday: September 12, 2016**  
7:00 PM ~ Hand Bell Rehearsal

**Tuesday: September 13, 2016**  
10:00 AM ~ Coffee Time

**Thursday: September 15, 2016**  
9:00 AM ~ Morning Circle at Ruth Steinkoenig's home  
7:00 PM ~ Hand Bell Rehearsal

*Worship, Love, Accept~ Together in Christ's Name*



*Sacred Heart Church Laurens*

Pastor ~ Father Francis Makwinja  
Weekday Mass : Friday, 8:00 AM  
Weekend Mass: Sunday, 8:30 AM (July - October)

Cluster Parishes  
St. Joseph Catholic Church, Sioux Rapids  
Weekday Mass: (Monday&Wednesday), 8:00 AM  
Weekend Mass: Saturday, 5:00 PM (July – October)

St. Louis Catholic Church, Royal  
Weekday Mass: (Tuesday & Thursday), 8:00 AM  
Weekend Mass: Sunday, 10:30 AM (July-October)

*This Week at Laurens United Methodist Church*

**Fri., Sept. 9th:**  
Men's Bible Study @ 7 a.m.

**Sat., Sept. 10th:**  
UMM meeting @ 7 a.m.

**Sun., Sept. 11th:**  
**FALL WORSHIP SCHEDULE BEGINS**  
Sunday School KICK OFF @ 9:10 a.m.  
Fellowship Coffee @ 9:30 a.m.  
Worship @ 10:30 a.m.  
Laurens Area Youth Group KICK OFF from 6-8 p.m. at the First Christian Church



## *Yard and Garden: Properly Storing Garden Produce*

Fall is an excellent time to reap the benefits of home gardens. Produce harvested from personal plots can make for a bountiful feast. But storing and keeping produce including potatoes, onions and carrots fresh can become an issue.

ISU Extension and Outreach horticulturists can help answer questions about storing produce. To have additional questions answered, contact the ISU Hortline at 515-294-3108 or [hortline@iastate.edu](mailto:hortline@iastate.edu).

**What is the proper way to store potatoes?** After harvesting the potatoes, cure the tubers at a temperature of 50 to 60 degrees Fahrenheit and a relative humidity of 85 to 90 percent for two weeks. The curing period allows minor cuts and bruises to heal. Thickening of the skin also occurs during the curing process.

Once cured, store potatoes at a temperature of 40 degrees Fahrenheit and relative humidity of 90 to 95 percent. Store the crop in a dark location as potatoes turn green when exposed to light. If storage temperatures are above

50 degrees Fahrenheit, the tubers may begin to sprout in two to three months. When stored below 40 degrees Fahrenheit, potatoes develop a sugary, sweet taste. Sugary potatoes can be restored to their natural flavor by placing them at room temperature for a few days prior to use. Do not store potatoes with apples or other fruit. Ripening fruit gives off ethylene gas, which promotes sprouting of tubers.

**What is the proper way to store onions?** After harvesting, dry or cure the onions in a warm, dry, well-ventilated location, such as a shed or garage. Spread out the onions in a single layer on a clean, dry surface. Cure the onions for two to three weeks until the onion tops and necks are thoroughly dry and the outer bulb scales begin to rustle.

After the onions are properly cured, cut off the tops about one inch above the bulbs. As the onions are topped, discard any that show signs of decay. Use the thick-necked bulbs as soon as possible as they don't store well. An alternate preparation method is to leave the onion tops untrimmed and braid the dry foliage together.

Place the cured onions in a mesh bag, old nylon stocking, wire basket or crate. It's important that the storage container allow

air to circulate through the onions. Store the onions in a cool, moderately dry location. Storage temperatures should be 32 to 40 degrees Fahrenheit. The relative humidity should be 65 to 70 percent. Possible storage locations include a basement, cellar, or garage. Hang the braided onions from a rafter or ceiling. If storing the onions in an unheated garage, move the onions to an alternate storage site before temperatures drop below 32 degrees Fahrenheit.

**What is the proper way to store carrots?** After harvesting carrots, cut off the green tops one-half to one inch above the roots. Small amounts can be placed in perforated plastic bags and stored in the refrigerator. Large amounts can be buried in sand or sawdust and then stored in a cool, moist location. Storage temperatures should be 32 to 35 degrees Fahrenheit. The relative humidity should be 98 to 100 percent. Carrots are likely to sprout or decay if stored at temperatures of 40 degrees Fahrenheit or above. Carrots will wilt or shrivel if the relative humidity is less than 95 percent.



## *Corn and Soybean Field Guides Now Combined for Farmer Convenience*

Corn and soybean farmers, agronomists and crop scouts now only have to carry one reference guide to the field when identifying insects and diseases, staging crops or looking up production-related information. The Corn and Soybean Field Guide, produced by Iowa State University Extension and Outreach, combines the Corn Field Guide 2nd Edition and the Soybean Field Guide 2nd Edition into one publication for a more efficient version.

“We combined the two publications to make it easier for those scouting the two most common crops grown in Iowa, and streamlined the integrated pest management resources that ISU Extension and Outreach offers,” said Daren Mueller,

assistant professor and extension specialist in plant pathology and microbiology and Integrated Pest Management program coordinator.

The revised Corn and Soybean Field Guide includes updated text and 375 images, illustrations, diagrams and tables to assist farmers with identifying corn and soybean diseases, insects and disorders found throughout the Midwest. The 158-page field guide also focuses on development stages, pesticide decisions and production-related topics.

“A section on integrated pest management will help producers make scouting and fungicide, herbicide and insecticide decisions,” said Adam Sisson, extension specialist for the Integrated Pest Management Program at Iowa State University. “And for the first time, we have included information on newer soybean viruses to help producers when they scout their fields.”

The combined field guide maintains its pocket-sized stature at 3 3/4 inches by 6 inches, and is constructed of

durable, weather-safe materials to withstand regular use in the field.

The Corn and Soybean Field Guide is available to purchase online at the Extension Store.

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August 25, 2016

The Utility Board of Trustees of Laurens, Iowa met in regular session at the Municipal Building, 272 N. Third Street, Laurens, Iowa, at 11:30 a.m. on the above date. Present were Trustees Richard Main and Jerry Runneberg. Absent was Trustee Ben Storms. Also present was General Manager Chad Cleveland.

Motion by Trustee Runneberg and seconded by Trustee Main to amend the agenda for the August 25, 2016 meeting by adding "Approve Policy for Responding to all Public Records Requests". Ayes: All. Nays: None. Motion carried.

Motion by Trustee Runneberg and seconded by Trustee Main to approve the minutes of the July 29, 2016 meeting. Ayes: All. Nays: None. Motion carried.

Motion by Trustee Runneberg and seconded by Trustee Main to approve the summary of receipts for July 2016 in the amount of \$486,529.87 and the list of expenses for July 2016 in the amount of \$494,009.43. Ayes: All. Nays: None. Motion carried.

**Summary of Receipts:**

A/R Utilities	\$ 257,085.44		
A/R Communications	\$ 64,279.25		
Misc. Electric Sales	\$ 342.70		
Carrier Access Fees	\$ 6,664.66		
Utility Deposits	\$ 825.00		
Internet Deposits	\$ 350.00		
Cable TV Deposits	\$ 285.00		
Telephone Deposits	\$ 190.00		
Marathon Power Sales	\$ 15,689.38		
NIMECA Power Sales	\$ 13,997.74		
Interest Income	\$ 884.19		
E911 Fees	\$ 1,684.11		
Attachment H Revenues	\$ 23,942.26		
Attachment H Set Aside	\$ (745.00)		
Misc. Cable TV Sales	\$ 81.14		
Investments	\$ 100,000.00		
Tower Lease Fees	\$ 900.00	Electric Receipts	\$ 412,021.71
Lifeline Reimbursement	\$ 74.00	Communication Receipts	\$ 74,508.16
Total Cash Receipts	\$ 486,529.87	Total Cash Receipts	\$ 486,529.87

**List of Expenses:**

A & M Laundry	Floor Mats & Mops	\$ 127.92
Ahlers & Cooney PC	Legal Fees	\$ 945.00
Alliant Energy	Natural Gas	\$ 196.98
Aureon	CALEA/SS7/Switching	\$ 139.23
Avesis Third Party Administrators	Insurance Premiums	\$ 186.60
Big 10 Network	Programming Fees	\$ 631.62
Biorn Corporation	Collection Fees	\$ 777.58
Border States Electric	Supplies	\$ 1,324.72
Buena Vista Stationery	Office Supplies	\$ 231.90
Century Link	Transport Fees	\$ 558.59
Century Link	Directory Listings	\$ 32.68
Cleveland, Chad	Reimburse Domain Renewals	\$ 36.49
City of Laurens	Utility Billing	\$ 93,125.72
Consortia Consulting	Consulting Fees	\$ 850.00
Customers	Deposit/Closed Accounts Refunds	\$ 343.26
Customers	Energy Rebates	\$ 1,070.17
Dakota Riggers & Tool Supply	Down Rigger Pads/Supplies	\$ 1,391.35
Department of Energy	WAPA Power Bill	\$ 46,346.31

# City Council Minutes

Echo Group	Electric Supplies	\$	1,646.67
Employee Benefit Systems	Insurance Self-Funding	\$	68.60
Fox Sports Net North	Programming Fees	\$	1,673.43
Fuchs Construction	Fork Lift Rent / Concrete Patch	\$	985.00
Grainger	Electric Supplies	\$	266.49
Hearst Television	Programming Fees	\$	804.96
Horse Tech	UPS Shipping	\$	7.25
ICMA Retirement Trust	Employee Contributions	\$	1,000.00
Insight Public Sector	Veeam Annual Support Renewal	\$	306.28
Internal Revenue Service	Payroll & Excise Taxes	\$	8,898.92
Iowa Department of Revenue	Sales & Use Taxes	\$	7,286.00
Iowa One Call	Locates	\$	13.10
Iowa Public Employees Retirement System	IPERS Withholding	\$	4,746.26
Kevin Henningsen	Meeting/Mileage	\$	165.24
Kriz-Davis Company	Line Locator/Fuses/Meter Sockets	\$	5,306.38
KTIV – TV	Programming Fees	\$	693.00
Laurens Food Pride	Supplies	\$	44.23
Laurens House of Print	Supplies	\$	380.14
Laurens Municipal Power & Communications	Communications Bill	\$	236.99
Laurens Municipal Utilities	Utility Bill	\$	88.96
Laurens Plumbing/Hwy 10 Hardware	Supplies	\$	202.19
Laurens State Bank	Investment	\$	200,000.00
Laurens State Bank	Service Charges	\$	52.78
Laurens Sun	Publications	\$	180.84
Library of Congress	Royalty Fees	\$	67.00
Long Lines	Switching/Internet/Billing/LD	\$	7,628.89
Merchant Bankcard	Credit Card Processing Fees	\$	358.48
Messenger	Advertising	\$	99.00
MidAmerican Energy	Neal 4 Operations	\$	33,000.00
Midwest Liquid Systems	Pump Sensor	\$	281.29
National Cable Television Cooperative	Equipment	\$	1,420.04
National Cable Television Cooperative	Programming Fees	\$	14,603.76
Newgard Auto Parts & Supply	Equipment	\$	28.31
Nexstar Broadcasting	Programming Fees	\$	1,857.60
NIMECA	NERC Assessment	\$	576.82
Norsolv Systems Environmental Services	Norsolv Service	\$	169.01
Oak Hill Consulting	Engineering Fees	\$	882.00
Payroll	Salaried, Hourly & Overtime	\$	21,503.09
PLIC – SBD Grand Island	Group Insurance Premiums	\$	576.08
Pocahontas 911 Service Board	Q2 2016 E911 Fees	\$	1,684.11
Pop Media Networks	Programming Fees	\$	654.87
Post Master	Postage	\$	593.42
Pro Cooperative	Fuel	\$	427.10
RFD TV	Programming Fees	\$	8.85
Rovi Guides	Programming Fees	\$	609.13
Sinclair Broadcast Group	Programming Fees	\$	887.80
Spencer Municipal Utilities	Programming/Transport Fees	\$	1,750.26
Stuart C. Irby Company	Electric Supplies	\$	533.74
Tower Distribution Company	Programming Fees	\$	824.31
TP Anderson & Company	Audit Reports	\$	6,000.00
VECTOR	2016/2017 Dues	\$	3,792.05
Verizon Wireless	Wireless Service	\$	271.05
Wellmark Blue Cross Blue Shield	Group Insurance Premiums	\$	7,368.31
Woodley Insurance & Real Estate	Workers Comp. Audit	\$	1,408.50
Zcorum	Internet Fees	\$	774.73
	Total	\$	494,009.43



# City Council Minutes

Electric Expenses	\$ 436,165.01
Communications Expenses	<u>\$ 57,844.42</u>
Total Expenses	\$ 494,009.43

The Trustees reviewed the Utility Funds Report and the Income Statements for June. Motion by Trustee Runneberg and seconded by Trustee Main to have the Investment Committee reinvest CD #70410 upon maturity. Ayes: All. Nays: None. Motion carried.

Motion by Trustee Runneberg and seconded by Trustee Main to approve and adopt the proposed Policy for responding to all public records requests. Ayes: All. Nays: None. Motion carried.

Discussion was held on Skitter TV. The attorneys are working on the language in the Agreements and they hope to have things resolved in the next couple weeks. No specific action was taken.

There being no further business, on motion and vote, the meeting adjourned at 2:10 p.m.

Richard Main  
Chairman, Board of Trustees

ATTEST: Chad Cleveland  
Secretary, Board of Trustees

## September Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Juice, Fruit, Biscuit, Egg Patty, Milk	Juice, Fruit, Scrambled Eggs, Toast, Milk
Juice, Fruit, Cereal, Toast, Milk	Juice, Fruit, Blueberry Muffin, Milk	Juice, Fruit, French Toast, Milk	Juice, Fruit, Biscuits, Milk	Juice, Fruit, Donut, Milk
Juice, Fruit, Cereal, Toast, Milk	Juice, Fruit, Waffles, Milk	Juice, Fruit, Breakfast Burrito, Toast, Milk	Juice, Fruit, English Muffin, Egg Patty, Milk	Juice, Fruit, Scrambled Eggs, Toast, Milk
Juice, Fruit, Cereal, Toast, Milk	Juice, Fruit, Blueberry Muffin, Milk	Juice, Fruit, Mini Bagel, Milk	Juice, Fruit, Biscuits, Milk	Juice, Fruit, Pancake Stick, Milk
Juice, Fruit, Cereal, Toast, Milk	Juice, Fruit, Pancakes, Milk	Juice, Fruit, Cheese Omelet, Toast, Milk	Juice, Fruit, Biscuit, Egg Patty, Cheese, Milk	Juice, Fruit, Donut, Milk


**Martin Bros.**  
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 1-800-847-2404

# September Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Pork Chop Patty, Mashed Potatoes, Green Beans, Banana, Gravy, Dinner Roll, Milk	Pepperoni Pizza, Lettuce Salad, Mixed Veggies, Pears, Milk
No School	Salisbury Steak, Corn, Mashed Potatoes, Gravy, Pears, Dinner Roll, Milk	Hot Dog, Baked Beans, Peaches, Milk	Cheeseburger, Green beans, Banana, Dinner Roll, Milk	Shrimp Poppers, Broccoli, Apple Crisp, Milk
Ham Slice, Lettuce Salad, Apple Wedges, Dinner Roll, Milk	Chicken Nuggets, Fries, Cauliflower, Peaches, Milk	Sloppy Joe, Baby Carrots, Pineapple, Milk	Meatballs, Mixed Veggies, Banana, Dinner Roll, Milk	Chicken Taco, Brown Rice, Refried Beans, Oranges, Milk
Popcorn Chicken, Green Beans, Oranges, Milk	Chili, Broccoli, Pears, Cinnamon Roll, Milk	Hamburger, Fries, Baked Beans, Pineapple, Milk	Orange Chicken, Brown Rice, Mixed Veggies, Watermelon, Milk	Spaghetti, Carrots, Peaches, Dinner Roll, Milk
Grilled Chicken, Fries, Corn, Grapes, Milk	Sub Sandwich, Lettuce, Tomato, Baby Carrots, Applesauce, Milk	Italian Beef Pasta, Green Beans, Pears, Milk	Taco Tots, Broccoli, Banana, Milk	No School


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