## The Paper

Our Town, Our Paper!



#### Laurens, Iowa



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#### Local News

#### Laurens Dental Office Hosting Senior Dental Student

The Laurens dental office is hosting senior dental student Monica DeCarlo for five weeks.

Her undergraduate degree is in Biology from Iowa State University. Monica is the daughter of Dean and Linda Decarlo of Des Moines, Iowa.

Drs. Clay, O'Neill,
Wallingford, Christensen
and Bieri are adjunct faculty
members for the University
Of Iowa College Of Dentistry
Preceptor Program. Monica is
one of a select few granted the
opportunity to spend five weeks
in private practice, learning
through hands on experience of
both the clinical and the business
aspects of private dental practice.

She will graduate from the University of Iowa College of

Dentistry on June 5, 2020.

Her future plans are to join a private practice in the Norman, Oklahoma area, where her fiancé is an aerospace engineer at Tinker Air Force Base in Oklahoma City. She does not plan to cheer for the Oklahoma Sooner's team!!!!! (Thinking she's a Cyclone!)

Please welcome Monica to Northwest Iowa when you meet her.



## Spread the Love – Donate Blood!

LifeServe Blood Center is encouraging blood donors to roll up their sleeve and give a gift straight from the heart this February.

Premature babies, transplant patients, mothers after delivery, cancer warriors, trauma victims, and more hospital patients receive blood transfusions from generous LifeServe blood donors each and every day across Iowa, Nebraska and South Dakota!

Spread the love and donate blood! Schedule an appointment to donate at an upcoming blood drive in your area.

Pocahontas Community
Blood Drive, Wednesday,
February 5, 2020 from 12:30
PM - 5:30 PM at Expo Center,
310 NE 1st Street.

Schedule a blood donation appointment online at lifeservebloodcenter.org or call 800.287.4903.

#### Plan Smart Ways to Use Tax Refund

Is your tax refund the financial highlight of the year? Then it is a valuable resource – one you can use to get ahead, suggests Barb Wollan, a human sciences specialist with Iowa State University Extension and Outreach.

"A tax refund is once-a-year income, so I recommend considering the entire year ahead when deciding how to use it," said Wollan, who specializes in family finance.

Anyone may receive a large refund if they have extra taxes withheld from their paychecks. However, the people most likely to receive refunds over \$1,000 are younger families who benefit from the Child Tax Credit, and especially lower or moderate-income young families who receive the Earned Income Credit because they have a qualifying child, Wollan noted.

For families who have sufficient income to meet their needs throughout the year, Wollan suggests that a great use for tax refund money is to save or invest it – perhaps in college or retirement funds, or for emergencies, or for major goals like buying a house or a car.

"If you think of tax refunds as 'bonus' money, you can set aside half of it, or more, to meet goals and boost your net worth without feeling

any pinch in your budget," Wollan said.

For example, adding \$500 per year to a retirement account between ages 25 and 45 would result in over \$43,000 extra in that account by age 65, assuming an annual return of 5%.

For those who occasionally find themselves short on funds throughout the year, Wollan offers two elements of yearly planning:

- Think ahead to needs and wants that will arise seasonally; she gives examples such as extra child care costs during the school's summer vacation, back-to-school costs, semi-annual car insurance premiums and annual vehicle registration fees.
- Consider major expenses that might occur in the coming year, such as new tires for the car or predictable home repairs.

"My observation is that people typically prioritize paying off any past-due bills," Wollan noted, "and I agree that is generally a wise step, since these bills often involve late fees and high interest rates and may even put family safety in jeopardy if utility shut-offs are a possible threat."

Wollan pointed out that those past-due bills often are the result of large seasonal expenses. For example, people may get behind on paying utilities, day care or other bills when they encounter back-to-school expenses in the fall.

"When people set aside a chunk of their tax refund for expenses that may arise in summer or fall, they can avoid being in the hole when tax season rolls around again next year. That, in turn, reduces total costs since there would be no late fees and extra interest charges. This simple act of looking ahead can dramatically improve a family's financial stability and reduce stress levels year-round," Wollan said.

"Many families like to 'splurge' a little with their tax refund – perhaps on eating out or going to a special concert or doing something else a little frivolous, especially since during the rest of the year there may not be any extra to splurge with. There is nothing wrong with that, if families have considered all their options," said Wollan.

"When it comes to tax refunds, I encourage families to use at least a portion of this once-a-year income in a way that will help them get ahead in the long run," Wollan said.

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#### MCM Meeting

Pocahontas and Buena Vista County landowners with acres enrolled in the Conservation Reserve Program (CRP) are welcome to attend an informational meeting about required Mid-Contract Management (MCM) at 1 p.m. on Thursday, February 13th at West Iowa Bank in Laurens, Iowa.

This meeting will cover MCM options available for different CRP practices such as disking, spraying, and burning. Farm Service Agency (FSA) staff will be available to answer questions regarding cost share requirements and Natural Resources Conservation Services (NRCS) staff will be present to answer technical questions. Private Lands Wildlife Specialists will give a brief presentation on conducting prescribed fire in grasslands, and be available to answer questions about safely using fire as a land management tool.

If landowners would like to know whether they have upcoming Mid-Contract Management for their CRP acres they are encouraged to call their local USDA Service Centers. RSVPs are appreciated.

For questions or to RSVP in Buena Vista contact the office at 712-732-3096 ext. 2. In Pocahontas County call 712-335-4790 ext. 2.





If you or someone you care about is living with a brain injury, you are not alone. We are a group who lives with or cares for someone who lives with brain injury! We exist to support, encourage, understand, inform and provide fellowship for brain injury survivors and those involved in their lives.

#### Northwest Iowa TBI Support Group

A monthly support group held 2nd Thursday of the month Location: United Methodist Church, 201 W. Main St., Laurens (Park and enter on the south side of the church off of Olive St) Time: 6:00 p.m.

Contact: Rob Schramm by calling: (515) 570-9816 or e-mail: NWIowaTBIGroup@gmail.com

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#### THE POCAHONTAS COUNTY IOWA HISTORICAL SOCIETY PRESENTS



#### A HOUSE DIVIDED A VISIT WITH PRESIDENT ABRAHAM LINCOLN

Performed by Lance V. Mack

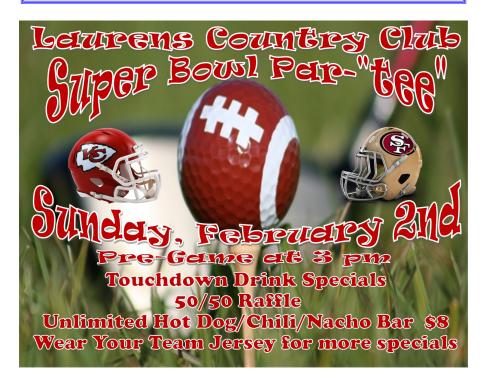
With an appearance by the Civil War Reenactors and Connie Dallenbach at the piano

#### 2:00 p.m., Saturday, February 15 Fonda arts center Fonda, Iowa

#### FREE ADMISSION

Free Will Donations gladly accepted

For more information, visit lancepresentsabe.com



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#### At the Library with Glenda Mulder January 29, 2020

Whew! I hit the "submit" button on our library's accreditation report to the State Library of Iowa yesterday - and the due date is February 28! According to "The History of the Laurens Public Library" LPL was first accredited in 1990, and we were one of the first 50 libraries in the state to reach that status. This report is filed every 3 years, and includes questions about our facility, staff and services. There are 3 levels of accreditation, and our funding from the State Library is impacted by our level. To qualify as Tier 3, we met all 29 standards for Tier 1, all 12 for Tier 2, all 6 for Tier 3, plus 34 of the 38 optional standards (Only 20 are required!) Our Library is, and will continue to be, Fully Accredited as a Tier 3 Library!

New novels include: Long Petal of the Sea by Isabel Allende, The Girls with No Names by Serena Burdick, American Dirt (also a CD book) by Jeanine Cummins, When You See Me by Lisa Gardner, The Other People by C.J. Tudor, Processed Cheese (How's that for a unique title?) by Stephen Wright, Museum of Desire by Jonathan Kellerman, Crooked River by Douglas Preston, Last Day (also a CD book) by Luanne Rice and Golden in Death by J.D Robb,

Remember to contact the library to get signed up for "Take it Tuesday" on February 4th at 6 p.m. These classes are so much fun, we

decided to start a bit earlier so we can be done by 8! We have plans to make gnomes and dogs out of wine corks. Perhaps we'll get creative and make other critters also! You are limited only by your imagination. Class size is limited, so sign up soon!

February's Book Club choice is *The Alice Network* by Kate Quinn. I've heard this is a great book, and look forward to reading it. More about that next week.

#### **COMING EVENTS**

- Tot Time Every Monday at 10 a.m.
- Book Club 7 p.m, 4th Monday of the month
  - Card Making 6:30 p.m. 4th Tuesday monthly
- Take it Tuesday 6:00 p.m. the 1st Tuesday of the month

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#### **Clubhouse Manager Position**

Laurens Golf & Country Club is accepting applications for Clubhouse Manager for the 2020 season.
Night & Weekend Hours required
2+ Years Managerial Experience preferred but not required Full job description available upon request Salary negotiable based on experience
Send resume & inquiries to: <a href="mailto:laurenscountryclub@gmail.com">laurenscountryclub@gmail.com</a>

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# This Week at Laurens United Methodist Church

**Pastor Ed Frank** 

**Wed., Jan. 29:** Book Club @ 9 a.m.

Crochet Club @ 10 a.m.

Fri., Jan. 31: Mens Bible Study @ 7 a.m.

Sat., Feb. 1: UMM meeting @ 8 a.m.

#### Sun., Feb. 2:

Adult Sunday School @ 9:00 a.m.
Sunday School (kids) @ 9:10 a.m.
Fellowship Coffee @ 9:30 a.m.
Worship @ 10:30 a.m. - Holy Communion
Choir performs
Board of Trustees meeting following worship
Laurens Area Youth Group (high school)
meeting from 6 p.m-8 p.m. here at LUMC

Mon., Feb. 3: Quilt Club meeting @ 7 p.m.



#### This Week at Bethany Lutheran

Pastor David E. Klappenbach

Sunday: February 2, 2020 Fourth Sunday after Epiphany

9:15 AM ~ Adult SS 9:30 AM ~ Youth SS & Coffee Fellowship 10:30 AM ~ Worship w/Communion & Council Installation 6:00 PM ~ Youth Group (HS) at UMC

**Monday: February 3, 2020** 4:00 PM ~ W/M Mtg.

**Tuesday: February 4, 2020** 7:30 AM - Prayer Group 9:30 AM - Tuesday coffee at Bethany

Worship, Love, Accept-Together in Christ's Name



#### This Week at First Christian

Pastor Rev. Rita Cordell 712-845-6164

**Friday, Jan. 31** 7:00 p.m.- A.A.

Sunday, Feb. 2

9:30 a.m. - Sunday School 10:30 a.m. - Worship 6:00 - 8:00 p.m. - High School Youth Group at United Methodist Church



#### New Hope Baptist Church

202 Byron St, Laurens

New Hope Baptist Church invites you to join us for Sunday School at 10 a.m. and our Worship Service at 11 a.m. Additionally all are welcome to attend our weekly Bible Study held each Wednesday evening at 6:30 p.m.

#### Resurrection of Our Lord Catholic Church

Pocahontas, IA -- Pastor: Very Rev. Craig Collison, VF

**MASS TIMES:** 

Daily Mass as scheduled in the weekly bulletin Saturday at 5:00 PM Sunday at 10:30 AM **Confessions:** Saturday 4:15 pm at Resurrection

Office: 16 SW 2nd Street, Pocahontas

**Office Phone:** 712-335-3242 **Residence Phone:** 712-335-8065

E-mail: colly@ncn.net Pastoral Care: Sister Renae Hohensee, 563-552-8666

# Pocahontas Master Gardeners to hold Winter Webcast Series

The Pocahontas County office of Iowa State University Extension and Outreach will host the Master Gardener winter webcast series February 11, March 10, and April 14 at 5:00 PM at 305 N Main Pocahontas Iowa.

Speakers for this year's series were chosen based on current issues and Master Gardener volunteer interest, according to Susan DeBlieck, Master Gardener state coordinator with ISU Extension and Outreach.

Participants will learn about climate change, native plants, and get tips for designing gardens that encourage children to spend more time outdoors.

"The webcast series gives Master Gardener volunteers a chance to continue their learning, which they can apply to their volunteer projects within the community," DeBlieck said.

Contact the Pocahontas County office of ISU Extension and Outreach for specific details about how you can participate.

All webcasts count toward Master Gardener continuing

education hours and last an hour. Topics and speakers:

- *Iowa Weather:* With a changing climate, Iowa will be warmer and wetter. State Climatologist Justin Glisan, PhD, from the Iowa Department of Agriculture and Land Stewardship, will share what people can do to adapt to changing growing conditions.
- Bring Kids in the Garden: State Master Gardener Coordinator Susan DeBlieck wants adults to help get youth outdoors every day. She'll share ideas for Master Gardener volunteer project sites and youth landscape design tips.
- Explore the Ada Hayden *Herbarium:* Love native plants? Deborah Lewis is the curator of the Ada Hayden Herbarium. Learn about early Iowa botanists, explore the herbarium and Deb's favorite native plants. What would we find if we had full-access to the Ada Hayden Herbarium for an hour-long scavenger hunt without worrying about "museum rules" and damaging the specimens (or getting squished between the moveable rows of cabinets)? First, we might find out what the Herbarium is, how its samples (specimens) are stored, and why the Herbarium is important in teaching and research. Next, participants would track down

some favorite specimens – old, rare, lovely, recent, odd... Then, from these specimens, we could perhaps find clues to the stories of a few of the many collectors of Iowa's native plants who are represented in the Herbarium – and how their specimens and research results are still being used! The scavenger hunt list includes: Indian-grass, packet, Louis Pammel, morel, plant press, orchid... and, of course, Ada Hayden.

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# Yard and Garden: Control Scale and Mealybugs in Houseplants

Most houseplant problems are due to poor environmental conditions or poor, inconsistent care. However, indoor plants are also prone to insect pests. Scale and mealybugs are two common insect pests on houseplants. Horticulture specialists with ISU Extension and Outreach share information on these pests and how to control their spread. To have additional questions answered, contact Hortline at 515-294-3108 or hortline @iastate.edu.

Scale Infestation. Houseplants with small "bumps" on the stems or covered with a sticky sap, are likely infested with scale insects. These small, inconspicuous insects are covered with shell-like coverings. They attach themselves to stems or leaves and suck sap from the plants. As they feed, scale insects excrete a sweet, sticky substance called honeydew. The honeydew accumulates on the plant's lower foliage, furniture, carpeting or other objects beneath the infested plant.

The life cycle of scale insects consists of the egg, nymph and adult stages. Eggs are laid below the scale coverings of adult females. When the eggs hatch, the nymphs crawl from underneath their mother's scale and move a short distance to their own feeding site. The newly emerged nymphs are also called crawlers. At their new locations, the nymphs insert their slender stylets (mouthparts) into the plant and begin sucking sap. The covering or shell develops soon after feeding begins. Scale insects remain at these feeding sites for the rest of their lives.

A small scale infestation causes little harm to healthy houseplants. However, a heavy scale infestation may result in poor, stunted growth. In severe cases, death of infested plants is possible.

Scale insects are difficult to control. Systemic insecticides are generally ineffective. The shell-like covering protects the scale from contact insecticides. The only time scale insects are vulnerable to contact insecticides is during the crawler stage. Since scale insects on houseplants may reproduce at any time of year, scale-infested plants should be sprayed with insecticidal soap or other houseplant insecticide every 7-10 days until the infestation is eliminated. Small infestations can be controlled by individually scraping off the scales or by dabbing each scale with an alcohol-soaked cotton swab. It is often best to discard houseplants that are heavily infested with scale, as control is nearly impossible and the insects could spread to other houseplants.

*Mealybugs.* Small, white cottony masses at the base of leaf stalks

on houseplants are probably an indication of mealybugs. Mealybugs are piercing-sucking insects. They insert their slender beaks into plant tissue and extract the plant's sap. Light infestations cause little harm to plants. However, heavily infested plants may decline and eventually die.

Mealybugs on houseplants are difficult to control. Unless the plant is particularly valuable, it's often best to throw away an infested plant before the insects spread to other houseplants. Standard control remedies for houseplant pests can be successful if done with diligence and persistence. On lightly infested plants, pick off individual mealybugs and egg sacs or dab each one with an alcohol-soaked cotton swab. It is also helpful to syringe plants with a forceful spray of lukewarm water to dislodge the mealybugs from the plants.

Mealybugs can also be controlled with insecticide sprays. Use aerosol or hand pump spray products made specifically for houseplants. These products may contain insecticidal soap, pyrethrin, neem, permethrin or other ingredients. Granular systematic insecticides applied to the soil surface of infested houseplants may also be effective. When using insecticides, carefully read and follow label directions.

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