Our Town, Our Paper!



Laurens, Iowa



Local News

# High School Apprenticeship Program Begins at the Northwest Career Academy in Laurens

Pocahontas County Economic Development and Iowa Central Community College shared excitement last week as they welcomed the first class of students to the Northwest Career Academy in Laurens for the High School Apprenticeship Program. 20 students from Sioux Central, Storm Lake, Pocahontas Area, and Newell-Fonda have chosen the Career Academy's welding or industrial machinist tracks aimed at building their skills and getting a head start on a career path.

"We were initially planning on eight students participating in this program and the interest has been tremendous with more than double our initial expectation," says Emily Williams, marketing coordinator. "We are very fortunate to have this outstanding facility in our county so we can be ahead of the curve with apprenticeship programs such as these."

This program is a registered program through the Department of Labor, and allows high school students to learn a trade, gain experience, and earn money and college credits all while in high school. Once they graduate, they will have the skills necessary to continue their education or enter the career field immediately after graduation.

"This program will help solve a workforce need in our region by training high school students and exposing them to the fields of welding and machining so they have the skills and ability to earn a job upon graduation, making an outstanding living at the same time," says Tom Grau, executive director.

The facility has been used for adult education in welding and machining as well. For more information on the upcoming training classes at the Northwest Career Academy, please contact Emily Williams at: williams@iowacentral.edu.



### 2020 Pocahontas County Fair Beef Carcass Results Announced

Beth Doran, ISU Extension and Outreach Beef Program Specialist, presented the carcass data information to 4-H members, FFA members, committee members and parents. The beef rate of gain was awarded to Andrew Burke with a 3.05 ADG, 2<sup>nd</sup> place was William Burke with a 2.90. Winning carcass was awarded to Emma Sobotka, 2<sup>nd</sup> place Halee Hauswirth and 3<sup>rd</sup> place Troy Condon.



William Burke, Reserve Rate of Gain and Andrew Burke, Grand Champion Rate of Gain



Beth Doran presents Emma Sobotka with Grand Champion Carcass.

#### The Paper

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#### At the Library with Glenda Mulder September 9, 2020

Our Fall FUNdraiser has changed this year. On September 22 Laurens Public Library Foundation will be having a "Reverse Parade"! Meet at the school and follow the firetruck past the Library. Foundation Board and Library staff members will be in front of the Library, dressed as our favorite book characters. (I finally have my character chosen and outfit planned. I hope it turns out as good as it is in my head!) You get to parade past us in your vehicle, honk, wave, yell, and drop off your donation so we can continue with the FUN library projects that you have come to expect. We will have some book worms for you as a special thank you. Plan to join the Fun – at a safe distance, of course!

I don't think I've told you our complete project list for this year, so here it is: Electric Fireplace to create a nice reading area, (this is still in the planning stage!) Book Benches for Music Garden, (should be installed yet this month!) Craft Supply Cupboard, Cupboard near the Circulation Desk, Hand Sanitizer Dispensers and Digitize 2019 issues of the Laurens Sun. Your financial support makes these new projects possible, along with our ongoing projects: Special Interest Programs for Children and Adults (as we are able) Memorial Books, CD Audio Books, Preschool Outreach Baskets,

Books for New Baby Packets and Kids Summer Reading Supplies.

We always look forward to our Halloween visit from Magician Larry Dunbar. With all the changes Covid-19 has brought, we've been wracking our brains for a way to keep this tradition alive. Here's what we've come up with: The program will be held outside, because we can't safely have 100+ people in the Library at one time. Since Halloween is on Saturday, we are moving the time to 4 o'clock. Our theory is it will be warmer than after Trick or Treat! This is all Plan A and will be modified if conditions warrant.

Some of the novels we have received this week include: The Evening and the Morning by Ken Follett, Stone Wall by Beverly Lewis, Shadows in Death by J.D. Robb, One by One by Ruth Ware, Anxious People by Fredrick Backman, Christmas Swap by Melody Carlson, The Summer House by Lauren Denton, First to Lie by Hank Ryan, Royal by Danielle Steel, Little Disasters by Sarah Vaughn and The Big Door Prize by M.O. Walsh. The nonfiction selection Iron Empires: Robber barons, railroads, and the making of modern America by Michael Hiltzik was purchased in memory of Jim Runneberg. We refreshed our board book selection with a donation in memory of Carol Thoma's mother, Fern Schuller.

Our Book Club choice for September is Chris Bohjalian's *The Sandcastle Girls*. Our catalog describes it like this, "Presents the parallel stories of a young woman who falls in love with an Armenian soldier while aiding victims of the Armenian genocide in the early twentieth century, and a young woman who researches her Armenian heritage and discovers a terrible family secret." Hope you can join our discussion Monday, September 28 at 7 p.m.

We are now open our regular hours, but if you don't feel comfortable coming in the library yet, let us know you need materials delivered, or we will arrange an outdoor pickup.

**Coming Events** 

September 22 Library Foundation "Reverse Parade" FUNdraiser from 5-6 p.m.

September 28 Book Club "Sandcastle Girls" by Chris Bohjalian @ 7p.m. October 6 "Take it Tuesday" @ 6:30 p.m.

October 31 Halloween Magician Larry Dunbar @ 4 p.m.

Submit. . . 100% of The Paper's articles

are submitted by you -The Reader!! Take a minute to send us your news and photos too! It's fun and it's

inute to send us our news and photos po! It's fun and it's REE!

#### Local News & Announcements





## Memory Lane Brick Engraving

Brick engraving in Memory Lane is planned for some time in September. If you are interested in having a brick engraved, please have your brick order form completed and returned by September 9. Please use the attached link or contact Tjeran Jolliffe (841-2671) or Peg Milton (841-4645).

Click here for a brick engraving form!



## Laurens Golf and Country Club Ladies Board Fall Meeting

The Laurens Golf and Country Club Ladies Board Fall Meeting will be held on Tuesday, September 15. Social hour from 5-6 p.m., meeting to start at 6 p.m., supper to follow. Hope to see you there!

## 50<sup>th</sup> Wedding Anniversary

Carol and Marvin Hanna will be celebrating their 50<sup>th</sup> Wedding Anniversary on September 12. Their children would like to help them celebrate by hosting a card shower in their honor.

Anniversary wishes can reach them at: 44326 150th Ave, Laurens, IA 50554.





# Celebrating 88 Years!!

The family of Norma J. Hansen is hosting a card shower in honor of her 88th birthday, September 19th. Cards my be sent to: 2701 Mitchell St., Apt. 18, Ruthyen, Iowa 51358.

The Family of Norma Hansen



# 95th Birthday!

Vince Triggs is turning 95 on September 12! Help him celebrate by send a birthday wish. Cards can reach him at: Vince Triggs, 2729 82<sup>nd</sup> Place, Unit 126, Urbandale, IA 50322.

#### Thank You!

Many thanks to everyone who came to our moving sale and made it a great success. We are grateful to our family members and friends who helped us in so many ways before, during and after the sale. We are very blessed by the kindness and generosity that have been shown to us.

The Runneberg Family

# DENTAL ASSISTANT OPENING

As a Dental Assistant you will perform a variety of patient care, office, and laboratory duties, and work chair-side as dentists examine and treat patients.

Duties will include making patients as comfortable as possible in the dental chair, prepare them for treatment, obtain their dental records, assist by handing instruments and materials to dentists and keep patients' mouths dry and clear, sterilize and disinfect instruments and equipment, prepare trays of instruments for dental procedures, and instruct patients on postoperative and general oral health care.

Benefits and very competitive salary. Send resume directly to Bieri and Christensen Dentistry: 111 West Main Street, Laurens, IA 50554.



Biggest Little Paper In Town!

# This Week at Laurens United Methodist Church

**Pastor Ed Frank** 

Fri., Sept. 11:

Men's Bible Study @ 7 a.m.

Sat., Sept. 12:

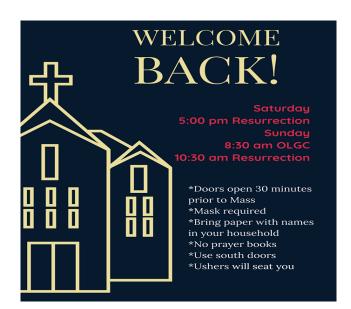
Bennigsdorf Baby Shower 2 p.m.-4 p.m. in fellowship hall, 1 p.m.-2 p.m. drive-by

Sun., Sept. 13:

Confirmation Sunday Worship Service @ 10:30 a.m.

# Resurrection of Our Lord Catholic Church

Pocahontas, IA -- Pastor: Very Rev. Craig Collison, VF



## This Week at Bethany Lutheran

Pastor David E. Klappenbach

*Wednesday: September 9, 2020* 7:00 PM ~ Council Mtg.

Sunday: September 13, 2020 FALL TIME CHANGE Fifteenth Sunday after Pentecost

10:30 AM ~ Worship 5:00-7:00 PM ~ Laurens Area Youth Group at BLC Lesson on "Who is JESUS?" = Pastor Ed Frank

Tuesday: September 15, 2020

8:30 AM ~ Prayer Group

9:30 AM ~ Tuesday coffee at Bethany

Thursday: September 17, 2020

2:00 PM ~ Circle Group at Bethany

Worship, Love, Accept-Together in Christ's Name

#### This Week at First Christian

Pastor Rev. Rita Cordell 712-845-6164

Sunday, Sept. 13

10:30 a.m. - Worship 5:00 – 7:00 p.m. - Laurens Area Youth Group at Bethany Lutheran Church

# Resources for National Suicide Prevention Month

Iowa's communities, schools and families are facing unprecedented stressors and uncertainty imposed by the COVID-19 pandemic, drought conditions and the recent derecho. Predictions have been made about an increase in deaths by suicide due to the social isolation, economic stress and other factors related to the pandemic, and those predictions were prior to the drought and the derecho that caused destruction across the state.

"That is why it is so important for our friends, family members and colleagues to help each other," said David Brown, behavioral health specialist with Iowa State University Extension and Outreach.

"September is National Suicide Prevention Month, and everyone needs to understand the warning signs of stress or when a person may be contemplating suicide," Brown said.

"Such signs could include updating a will, giving away prized possessions or posting Facebook messages about death. When a friend, family member or colleague notices such signs, they need to act boldly to engage the person they are concerned about. They need to work together with this person to help them make the choice to stay alive and accept professional help," Brown said.

In response to such concerns, ISU Extension and Outreach is offering weekly, online "Question. Persuade. Refer." sessions. QPR is a suicide prevention program that teaches

participants three steps to help save a life from suicide.

"Just as people trained in CPR and the Heimlich maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade and refer someone to help," Brown explained. ISU Extension and Outreach will offer QPR every Tuesday in September and October from 12 p.m. to 1 p.m. through Oct. 27. Each program will last for one hour.

Though the program has an agricultural focus, any interested community member, family member or human service professional can register at no cost for any of these programs. To register, go to https://www.extension.iastate.edu/humansciences/QPR. Participants will receive a unique URL prior to the program to access the Zoom program.

For more information, feel free to contact David Brown at dnbrown@iastate.edu.

ISU Extension and Outreach, in collaboration with COVID Recovery Iowa, is now offering "Stress on the Farm: Strategies That Help" programs. To register at no cost, go to https://www.extension.iastate.edu/humansciences/stress-farm.

COVID Recovery Iowa, in collaboration with ISU Extension and Outreach, is now offering, "I Feel 'Blue': Resources for Life in a Pandemic." This short, virtual program is designed to provide education about feelings of sadness and loss and how people can manage and overcome them. Individuals will also receive practical resources to help navigate the strong feelings provoked by the pandemic. To register at no cost, go to https://www.extension.iastate.edu/humansciences//events?filter=

and select the program, date and time you are interested in.

COVID Recovery Iowa offers a variety of services to anyone affected by the COVID-19 pandemic. Virtual counselors and consultants provide counseling, family finance consultation, farm financial consultation, and referral information and help finding resources for any Iowan seeking personal support. Iowans of all ages may join groups online for activities and learn creative strategies for coping with the effects of the pandemic. COVID Recovery Iowa will announce upcoming programs on the website and via all social media to help Iowans build coping skills, resilience and emotional support. To request support, go to https://www. COVIDrecoveryiowa.org or call the Iowa Warm Line at 1-844-775-9276.

Iowa Concern, offered by ISU Extension and Outreach, provides confidential access to stress counselors and an attorney for legal education, as well as information and referral services for a wide variety of topics. With a tollfree phone number, live chat capabilities and a website, Iowa Concern services are available 24 hours a day, seven days per week at no charge. To reach Iowa Concern, call 800-447-1985; language interpretation services are available. Or, visit the website, https://www.extension. iastate.edu/iowaconcern/, to live chat with a stress counselor one-on-one in a secure environment. Or, email an expert regarding legal, finance, stress, or crisis and disaster issues.

Biggest Little Paper In Town!

## Ag Law Seminar & Farm Tax Workshop Planned for Sept. 23-24

Farm consultants and tax preparers will have a two-day opportunity to expand their knowledge of current ag law and tax issues Sept. 23-24.

"Moving Forward, Equipping Your Clients for 2021 and Beyond" is an online training hosted by the Center for Agricultural Law and Taxation at Iowa State University, and begins with the Agricultural Law Seminar Sept. 23. Topics will include legal issues impacting livestock growers, the impact of COVID-19 on the farm economy and considerations when working with ag lenders, entity planning for farm program payments and tax matters, Iowa's new partition law and more.

The Sept. 24 Farm Tax Workshop will address COVID-19 relief and legislation impacting agricultural producers, like-kind exchange issues, getting out of the business of farming, retirement issues for farmers and more.

"Our annual September Seminars focus on legal and tax issues most impacting agricultural producers in 2020 and beyond," said Kristine Tidgren, director of the Center for Agricultural Law and Taxation at Iowa State University and Holder of the Leonard Dolezal Professorship in Agricultural Law. "The two-day event features expert speakers from Iowa and around the country. Those attending will have an opportunity to ask the speakers questions and participate through polling questions."

Speakers at the Ag Law Seminar will include prominent ag attorneys who serve the Midwest, ag lenders and law professors from West Virginia University and the University of Nebraska.

Speakers at the Farm Tax Workshop will include Tidgren, along with CALT staff attorney Kitt Tovar, CALT farm tax specialist Guido van der Hoeven, and Greg Bouchard, director for Cornell University Federal Income Tax Schools.

Both programs will run from 8:15 a.m. to 4:30 p.m. Continuing education credits are available for attorneys, certified public accountants and other tax preparers, real estate and insurance professionals.

Register online by Sept. 16 for the best rate of \$300 for both seminars, or \$185 for one seminar. After Sept. 16, the rate is \$335 for both or \$210 for one seminar.

For more information, Tidgren can be reached at 515-294-6365, or ktidgren@iastate.edu.

## 2020-2021 Pocahontas County 4-H & Clover Kids Enrollment

We invite all youth in 4th through 12th grade to enroll in Pocahontas County 4-H, and youth in Kindergarten through 3rd grade to join Pocahontas County Clover Kids. The new 4-H year began September 1. Due to the generous support of local businesses and the Pocahontas County 4-H Endowment, there is not a fee for any child to belong to 4-H in Pocahontas County. Club meetings will begin in October. For complete details and to join 4-H, please call the ISU Extension and Outreach Pocahontas County office at 712-335-3103 or email lzeman@iastate.edu.

# Potato Harvesting and Storage

Potatoes grown for fall and winter use should be carefully dug after the plants have died (turned brown) and the crop is fully mature. Most potato cultivars mature 90 to 120 days after planting. To check crop maturity, dig up one or two hills after the plants have died. If the skin is thin and rubs off easily, the potatoes are not fully mature and will not store well. Allow the crop to mature in the soil for several more days before harvesting the rest of the potatoes.

When harvesting, avoid cutting or bruising the potatoes. Use damaged tubers as soon as possible. Don't wash the potatoes. Gently rub off the soil with your hands. Washing may reduce the storage life of the potatoes.

Before placing the potatoes in storage, cure the tubers at a temperature of 45 to 60 degrees Fahrenheit and relative humidity of 85 to 95 percent for 2 weeks. Curing promotes healing of minor cuts and bruises and thickening of the skin. Once cured, sort through the potatoes and discard any soft or shriveled tubers. These potatoes may spoil in storage and cause other potatoes to spoil as well.

Potatoes should be stored in a dark location with a temperature of 38 to 40 degrees Fahrenheit and a relative humidity of 90 to 95 percent. Potatoes will sprout if storage temperatures are too warm. Potatoes develop a sugary, sweet taste when stored at temperatures below 38 degrees Fahrenheit. Do not allow potatoes to freeze. Possible storage locations in the home include an extra refrigerator (set a few degrees warmer than normal), an unheated spare room, cool basement, or insulated garage. To increase humidity levels, store potatoes in perforated plastic bags.

Do not store potatoes with apples or other fruits. Apples and many other fruits produce ethylene gas which promotes sprouting of potatoes.